

THIS WEEK

4-10 JUNE 2010

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Our fave DJ on Tom Jones, sunstroke and why he likes being grey

Chris! We're at Radio 1's Big Weekend in Bangor. How's your day been? It's been surreal and exciting because I came here, did a link with Vernon, opened the show and introduced Scouting For Girls, then had about two-and-a-half hours' break. So I went and had a few beers, then someone reminded me I had a two-hour radio show to present at four! So a litre of water later. I was on the radio and it was all fine. Did you have any good guests? Yeah! Cheryl Cole came in. We were meant to do it in her dressing room, but I said no way, she has to come to me - and guess what, she did! That reminds us, where exactly is Cheryl's tent? Oh, she's staying with me. That way she knows she'll be safe. We're in Wales. What's your fave Welsh thing? Tom Jones. [A high-pitched voice pipes up "Aled!" from behind us. It's Aled Jones.] Oh yes, and Aled. Who'd win a fight between Aled Jones and Tom Jones? Aled. He's tough as nails. Never underestimate him. What's the drunkest you've been at a festival? Oh, it was a long time ago. I had to go see the St John's ambulance people! Some lagers, lots of sun and no cream. Not good! What are the toilets like here? We get alright ones, but like anywhere else, they're nice at one o'clock, then they're not so

Wogan's listening figures is he the best breakfast DJ ever? Yeah. He's absolutely the best ever and I look up to him and admire him. And I record his show every day and listen to it later and I write down, in a notepad, all his best bits. I'm going through about a notepad a week, it's that good. He's good at buying posh cars. How will you beat him? Well, I read in the papers that he apparently celebrated his figures by going out and buying a £12million Ferrari. I celebrated mine by getting a Chinese takeaway delivered, which cost about £18. Keeping it real. Well, there's keeping it real, but if we could all afford to go out and spend £12million on a Ferrari, we would! I can't. I can just about afford a Chinese, though. It was a good Chinese. I hope his car is just as satisfying! Leeds United. Discuss. Happy days! Second's as good as first if you don't wanna be third. How long do you reckon you'll hang on to Jermaine Beckford? Oh, he's gonna go. But we'll have Ronaldinho or someone soon. They'll be queuing up to sign for Leeds. You're looking pretty svelte, but you've got a bit of salt and pepper grey going on around the temples there.

It's the sun! Plus, you know

what? It makes me look even

more f**king handsome. So

You're not going to get some

Just For Men and sort it?

Do you know what? I would,

but if I walked into work on

Monday with black hair,

I kind of embrace it.

Chris Evans has overtaken

everyone would go, "You've dyed your hair!" It's too late. The only way I could get away with it is if I was filming something that needed me to have completely dark hair. Like if they made you the new James Bond? I don't think that's gonna happen. Maybe James Bond's next door neighbour. Daniel Craig's a great Bond. I don't believe all this stuff about the next Bond film being sidelined. It'll happen. Of course it will! You haven't had any spats for Justin Bieber in a fistfight. I don't know if I could, you know. He looks hard. Let's be honest, though, I'm a bit too old for Justin Bieber. Dave's interview with him today was hilarious because he just said nothing for three minutes. It was just, "Yes, no, I dunno." I want to interview him. I've got loads of questions I want to ask him. "Have you ever seen a naked woman? Have

vomited all over yourself?" That sort of thing. But I don't think I'm going to be allowed anywhere near him. Probably for the best. What video games are you looking forward to coming out over the summer? I'm very fussy. I'm a Call Of Duty Fifa man. Call Of Duty Fifa? That sounds

awesome! Yeah, it's basically football in the middle of a warzone. I bought an Xbox this week just so I could play it. What's your gamertag? It's not that secretive, but it's not got "Chris" or "Movles" in it. Is it "Leeds1974"?

I couldn't possibly comment! Thanks, Chris! Finally, did you bring a special lady with you to Bangor? I don't get it. Well, we're in Bangor. Did you bring a special lady to **Bangor?** Is that a joke? I don't get it. Although I did sleep with Cheryl Cole last night. Did you? No, you pillock!

The Chris Moyles Show is on Radio 1, weekday mornings, from 6.30am to 10am

a while – do you want to start one? You could probably take you ever been so drunk you've



nice by eight o'clock!

Have you ever popped into

Cotton? I've never been to the

loo after Fearne, but it would

smell of angels and happiness.

one directly after Fearne



What stars smell like!

Our man got up close and sniffy at Big Weekend!



CHRIS MOYLESI

A heady mixture of lager, with the faintest

whiff of Chinese takeaway – how long ago did your listening figures come in, Chris?



VERNON

Lancashire hotpot mixed with a lingering

trace of ladies' perfume... but hang on, Tess doesn't wear perfume. What a mystery!



CHIPMUNK!

Ah, it's the sweet smell of success from the teenage

rap sensation... and a large amount of sweat from carrying all that bling everywhere he goes. Get some Lynx, Chip!



ELLIE

Despite having just come off the sweatiest

stage in history, the pop beauty smelled like flowers and angel's parps – certainly not guns or horses, anyway!



ROFESSOR

Don't come over all innocent with us now,

Green. That lingering sprout aroma was definitely your work. We hope you didn't drop any of those near our Rosie!













UFC star Dan Hardy rates a pair of scrapping squirrels!

ere at Nuts, we've seen our fair share of furflinging animal fights but this scrap between two squirrels putting the "paw" into southpaw is pretty special! The feisty furballs - probably

squabbling over some nuts or



DAN HARDY

"You put your left hand in... oh, sorry!"

FIIIIIIIIGHT!

master would be proud!"





Nuts NEWS

World's fastest Range Rover!

Awesome Onyx packs more power than a Lambo!



keys - just leave the window open!"

- This hulking monster is the **Onyx Concept Range Rover** Sport – a faster, meaner version of the famous 4x4.
- Two versions are available a 3.6-litre V8 turbo diesel and a 5.0-litre supercharged petrol V8, the latter producing a stonking 635hp. Impressive!
- This means the Onvx Concept Range Rover Sport V8 is crammed with more power than a Lamborghini LP560-4!
- The slick styling is beefed up by new bumpers, modified spoilers, extended wheel arches and a rear diffuser, all made from flashy carbon fibre and fibre-reinforced plastic.
- It can reach 0-60mph in an impressively nippy time of just under five seconds and exceed 170mph, making it probably the fastest Range Rover in the world!
- The whole package, including a new Range Rover Sport V8, is priced at around £79,000 expect to see these parked outside Premier League clubs soon. Except maybe Blackpool!

See loads of cool car clips

Nuts 15

"I've lost the

YOURS FOR £79K!

team... voted for by you! first-choice World Cup

ell, the pundits have had their expensive do you, the British public, think down to 23 possibles, but who whittled the team should start in South Africa? say, Mr Capello's

SHOTOS: GETTY WORDS: RORY BUCKERIDGE voted so far. Here are the results you may want to look away now! half a million Nuts readers have chums over at Nuts.co.uk asked. This is a question our virtual And you answered. A lot! Over (with ratings). Emile Heskey,



See the results in full at



"This net-works! 10/10"

"If you like the Internet, you'll love The Three Network"

"Google, Facebook and eBay are all superb"

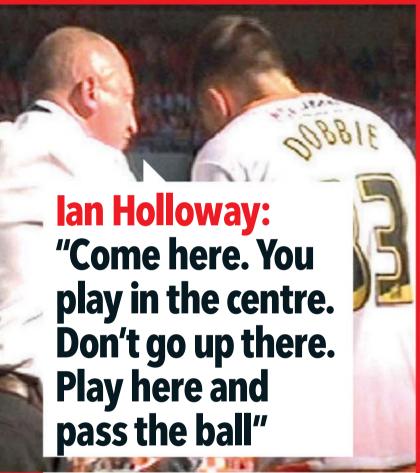
"An Internet sensation"

A 100% 3G Production
BRINGING YOU AN EVEN BETTER NETWORK.

THE Nuts LIP-READER!



When he watches a match, he sees every word! John Cassidy is a real lip-reading expert. And an FA coach!





ENGLAND VS MEXICO 9.50pm The England boss is pleased by the workout his team have been given by a talented Mexico side.



BAYERN MUNICH VS INTER Santiago Bernabeu, Saturday 22 May, 9.14pm Bayern's midfielder is sick of the Inter players' theatrics.



BLACKPOOL VS CARDIFF Wembley, Saturday 22 May, 4.25pm

The Blackpool gaffer talks tactics with striker Stephen Dobbie.



BLACKPOOL VS CARDIFF 4.26pm The Tangerines' keeper gives the ref an earful after Cardiff win a dodgy corner in the play-off final.













STRR TREM



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DON'T LOOK!

Pictures for the stronger stomach!

Send your injuries to dontlook@ipcmedia.com

SLICED OPEN!



Paint stripper causes pain!

ere at *Nuts*, a workplace accident might leave us with an ink smudge on our forehead or square eyes from staring at topless babes all day. For Ben Sheswell, a decorator from Northampton, a slip at work left his hand with a mini Grand Canyon in it!

"I was working with a heavyduty paint stripper, and I put a bit too much force into it," Ben, 21, tells *Nuts*. "The stripper came off the wall and the huge blade went straight into my hand. I looked down and saw this massive, gaping hole!

"There was loads of blood pouring out, so I wrapped my hand in some joggers and elevated it, then went straight to hospital.

"Physio's going well and I should get use of the hand back and be back at work soon – although someone else can do the paint stripping next time!"



to dontlook@ipcmedia.com





Sony's slogan used to be "Like No Other" but it's now "Make Believe"



£799

Sony Vaio P Series

www.sony.co.uk

Nuts says: Dinky netbook that looks good while packing a GPS, 3G, an accelerometer and a digital compass, for all your computing, browsing and orienteering needs.

Palm Pre Plus

www.o2.co.uk

Nuts says: Version two of Palm's ultra-slick moby adds a larger touch screen, a beefier chip and 16GB of storage, maintaining its status as a fine iPhone alternative.





in just an hour, offers 22 miles of juice

The Econogo's battery, rechargable

Econogo scooter

www.econogoelectricscooters.co.uk

Nuts says: A retro-styled electric
scooter, this'll help save the planet
but also features a removable
battery. So you can park up, then
hoik it out to recharge it. With no
juice, it'll be harder to nick, too!



Denon D-M38DAB stereo

www.denon.eu

Nuts says: Great-sounding micro hi-fi with an iPod connection, this'll play iTunes, plus any app you've got loaded – Last.fm, Spotify etc.





Check out more reviews at www.nuts.co.uk/reviews

WORDS: RORY BUCKERIDGE

PETER DANNY MARTIN JAMES TRACY CHRIS ZOE LUKE DINKLAGE GLOVER LAWRENCE MARSDEN MORGAN ROCK SALDANA WILSON



DEATH ATA FURERAL

15 CONTAINS STRONG LANGUAGE, SEX REFERENCES AND COMIC DRUG USE

DAD'S LEFT A LITTLE SECRET BEHIND!

SCREEN GEMS PRESENTS A SIONEY KIMMEL ENTERTAINMENT/WONDERFUL FILMS/PARABOLIC PICTURES/STABLE WAY ENTERTAINMENT PRODUCTION "DEATH AT A FUNERAL" KEITH DAVID RON GLASS
KEVIN HART DESMA MAYA LIEBERMAN MIS CHRISTOPHE BECK DIE TRACEY WADMORE SMITH, ALE "DESMA JON GARY STEELE MINISHAY ROCKER STOFFERS, N.S.C. FROMES JUM TAUBER BRUCE TOLL DEAN CRAIG

SONY GLENN S.GANOR "DIE SIDNEY KIMMEL WILLIAM HORBERG CHRIS ROCK SHARE STALLINGS AND LAURENCE MALKIN WITH DEAN CRAIG "MINISH NEIL LABUTE"

CHARLES TO LIKE

DIE LAUGHING AT CINEMAS WED JUNE 2



YOUR LETTE

The best delivery since our World Cup beer fridge!

Send your letters to nutsletters@ip

Apache performance

Dear Nuts

This is me on the right, and my mate Cpl O'Neill, with David Beckham when he came to visit the Apache Detachment recently. He's a lot shorter in real life!

Marc Eason, AH Detachment, Afghanistan

Yeah, but he's a bit handy on the football pitch, isn't he?



Sofa-king silly!

Dear Nuts

We've found the next Stealth Bumming-style craze – "putting heavy things above your mate's head while he's blotto".

Chris "Killer" Killen, via email Very funny, Chris. Come on then, readers, let's see your attempts!

A Darke delight Dear Nuts, This is me in my Nuts vest. What do you think?

Siobhan Darke, via email

Lovely smile, lovely eyes, lovely boobery – lovely all over!





When Roxy met Ronnie

Dear Nuts.

Is it me or did porn legend Ron Jeremy turn up on EastEnders recently? Whatever next?

Len, Newcastle

Sorry, we have no idea who Ron Jeremy is. Honest!



Dear Nuts.

These are HMS Chatham's engineers taking a break from piracy operations in Somalia, floating on the Dead Sea reading our favourite magazine.

Jason Peek, HMS Chatham

The high salt levels in the Dead Sea make you float, which is ironic, because it's salt that makes us sink. Well, that and the chips we put it on!



Channel 4's new sign-language lady wasn't to everyone's taste

EDITOR'S DECISION IS FINAL. TERMS AND CONDITIONS ON PAGE 68 APPL





cmedia.com or to the address on p68



Win £100 to spend at **○PLAY.COM**

Send your letters and hilarious spam pictures to nutsletters@ipcmedia. com or to the address on p68. The sender of the week's best letter* will win £100 of vouchers to spend at play.com, the UK's favourite online entertainment retailer, with savings and free delivery on everything. Visit www.play.com for great deals on DVDs, games, books, CDs and more!









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YOUR JOKES!!!

Bursting with all the best gags, every week! Send your jokes to nutsjokes@ipcmedia.com or to the address on p68

SHORT JOKES!

Q: Did you hear about the optician who fell into the lens machine?

A: He made a spectacle of himself

Nickie, Great Yarmouth

the voting system works.
Lvoted for no one, and they won!

Q: What do you say to a man stealing a gate?

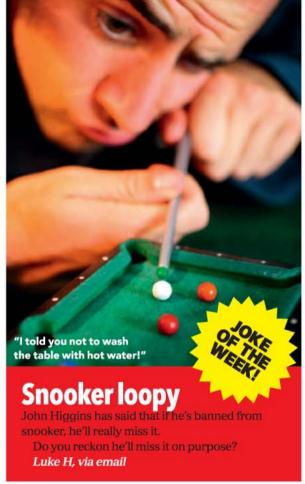
A: Nothing at all, as he'll take offence

Ollie Smith, via email

Q: What's the difference between Nick Griffin and a bus?

A: A bus has seats

CJ Allisdair, Gourock





Spell on Earth

One Aussie walks up to another and says, "Hey, mate, could you help me? I'm trying to spell the word 'orange'."

"Jeez, mate!" roars the other guy. "What are you, some kind of idiot? Didn't you go to school? How stupid are you?"

The tirade continues for a few minutes, until the angry Aussie calms down and says, "Now, which one are you trying to spell – the fruit or the colour?" Romain Deepak, Bristol

Dim-itar

Dimitar Berbatov walks into a bar with a dog that's got no legs, no tail, no eyes and no nose.

The barman says, "Dear Lord, what an utterly useless creature! Where did you get him from?"

"Manchester United," replies the dog. Rhys Tetley, Bamburgh



Win a Sony LCD TV and Armored on DVD!

Send jokes to nutsjokes@ipcmedia.com or the address on page 68. The sender of the best joke* wins a 26in Sony LCD TV and a copy of explosively entertaining heist thriller Armored, courtesy of Sony Pictures Entertainment. With Jean Reno, Laurence Fishburne and Matt Dillon, Armored is out now on Blu-rayTM and DVD**.



YOUR JOKES CTD...



Drive-by

A lorry driver dies and goes to heaven. "I'm too young to die," the driver argues. "I'm only 55!"

"Really?" says St Peter.

"According to our records, you're 82."

"How did you get that?" the lorry driver asks.

"We added up your time sheets," says St Peter. Chris P, Hungerford



Seal the deal

An Eskimo is on a driving holiday through Wales when his car breaks down outside the small village of Castell Newydd.

A passing Welshman offers to take a look under the broken car's bonnet.

"Ah, it looks like you've blown a seal," he says.

"So what?" replies the Eskimo. "At least I don't sh*g sheep!" Tony Crispin, Cumbria





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f Think you can rant like Fanimal? Then head to www.facebook.com/fanimal

CAMERA PHONE CONEDA ONLY IN Nuts! Win £100! Text 'Nuts' and your picture to oxyrd 288 9009 (touts are free

Seen something daft? Snap it, send it in and win £100!

Text 'Nuts' and your picture to 0771 388 8008 (texts are free but standard network charges apply*). Pic Of The Week wins £100 cash!** T&Cs on page 68.









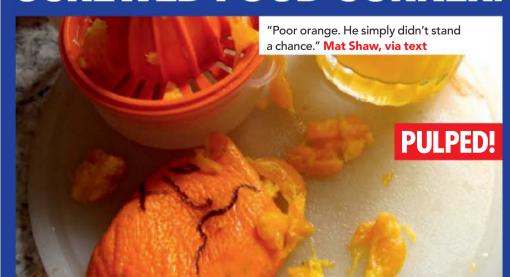


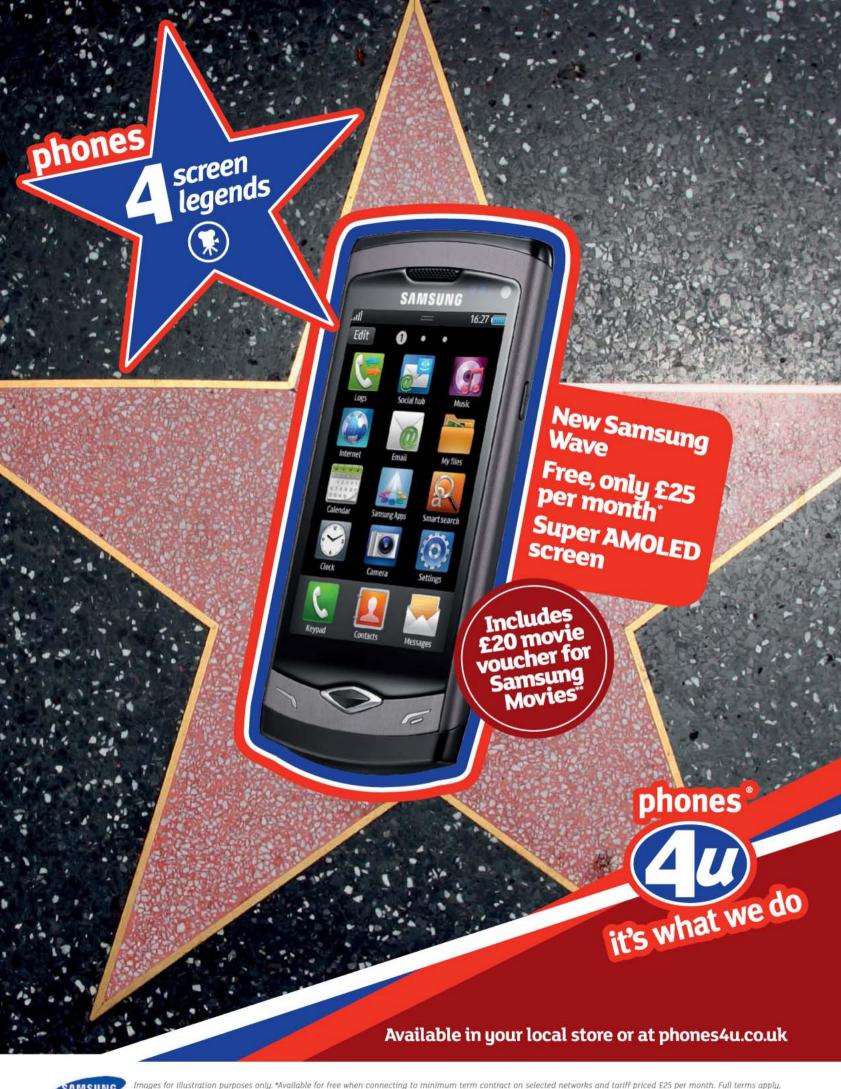
"I'm not a big fan of Chelsea, as you can probably guess." **Leonard, Newcastle**





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£6.98



re/play previously played games

THE TRUTH ABOUT SEX WITH...SOPHIE HOWARD

Nuts girls solve your bedroom bother!

Email questions to thetruth_sex@ipcmedia.com



I like big girls!

I find chubby girls sexier than skinny ones, and my mates find this hilarious. Am I weird? Lewis, Portsmouth

Not at all! I was talking to my friend about this the other day because I'm quite curvy. Chubby girls are tighter downstairs because if you're too skinny, you haven't got any padding and it feels looser. Also, chubby girls have bigger boobs and bigger bums, which, as we all know, are sexy! Tell your mates to sod off!

Nuts BABES' SEX TIPS!

'No.16: "If you want to have sex on a beach, make sure it's on a sun lounger and do it at night so there's less chance of being caught!" **Lindsey Strutt**



Will the ladies think I'm gay?

I use my girlfriend's products, such as moisturiser, and I've even started dressing in the Russell Brand style. How far can I go before lasses think I'm gay? Justin, Coventry

That depends on the girl. I'm not a fan of that kind of thing. I don't mind a bit of trimming (pubes are essential!), but straightening your hair and over-moisturising? Forget it! But that's me - if your girl's happy, that's what matters.

Is it all about the length?

Does the length of a guy's penis really matter? Mine's quite short but hey, it's well fat!

John, Grimsby

To be honest, it depends on how short you're talking. As long as you're in the realms of average length, you'll be fine because a lot of girls like a fat one. If you're shorter than average, just make up for it by being dirty in bed!

She's a big flirt

My mate's missus keeps giving me the odd flash of plunging cleavage and it's driving me mad. What's she playing at? Alan, South London

Maybe she isn't getting enough attention off your mate and wants to make him jealous. Or perhaps she actually has a thing for you. Either way, I strongly suggest that you don't rise to the bait!







GOLD AWARD

PlayStation

"AN ALL.
CONQUERING
MONSTER"

9/10















口

0



Have a cheeky flash - and earn some cash!



LOUISE 24, from Worthing

"Howdy, pardners! There's gold in them there fields!"



SARAH-JAYNE 19, from Leicester

"Ssssh! I'm letting them out in the local library!"



LEXIA 24, from Sheffield

"I hope I know the answer to this question already!"



BECKY 18, from Wolverhampton

"Now it's nice and sunny, it's time to pop them out in the park!"



The X Factor judge on Jedward, Simon's shoes and Cheryl's smell!

i Louis! We're here because you're promoting new Tango Fake Tan. Will you be giving some to Simon Cowell and Piers Morgan? I think they're orange enough already. Jordan, Peter Andre, David Dickinson, Dale Winton - there's more than enough orange people in this country! Simon Cowell is 50 now, so he'll be dead soon. Why don't you marry him, then when he dies, you'll get all his money? I don't need his money, I have my own. And I'd have to look at him in those heels all day! Does Cheryl Cole get changed in front of you? Never. We all have our own dressing rooms. She stays in hers all the time.

hers all the time.

Could you try to sneak us
a photo with your phone?
I couldn't do that to her. We're
all friends on the show.
How does Cheryl smell? Nice.
Everyone on the show does.

f

"I know it's
black tie, but
any chance?"

WITH NUTS MAN!

Who's the smelliest person in show business? Piers Morgan on Britain's Got Talent. He looks smarmy and he smells smarmy. Piers said you were the worst judge he'd ever seen after you filled in for Simon Cowell on the show. Are you going to have a fight? No, because I've had 30 number one records, he hasn't. He's a good journalist but he's pompous. He's a poor man's Simon Cowell. He's very intelligent, he's just not a very good judge of entertainment. Sharon Osbourne gets her dogs to poo in a box and then sends them to people she doesn't like. Has she ever sent a dog-poo-in-a-box to you? No, because she likes me. Who would you send a pooin-a-box to? I wouldn't do it. Think of the poor postman! Simon wants either you or Cheryl to join him on The American X Factor. Ladies first, surely? None of that's true. I don't think he knows who he's going to have yet. I think he'll have Americans! You recently said Bruce Forsyth is so old, he should be dead. Are you after his job too? No. I got a phone call one morning to tell me Bruce has

was dead" as a joke. I know he's not! You have to love him. Do mums come up and kiss you on the street because you invented Westlife and Boyzone? Absolutely. That's true. Grannies do it as well. Dannii Minogue's pregnant. Is it yours? No! We don't know whose it is. Dannii's pregnant, Simon's getting married, Cheryl's getting a divorce. What am I doing right? Do you carry Jedward around, one under each arm? Never. Your questions are getting worse, Nuts! You've been in show business for years. Ever thrown a TV out of the window? No. Have you ever done crack, smack, coke, dope, speed, E, ketamine, Viagra or miaow miaow? No. Ever had an orgy? No! What's the most rock 'n' roll thing you've done? I'm not really rock 'n' roll. I like the music but I don't do the cliché with a leather jacket and jeans, or a T-shirt with Nuts on it! Do you live in a big house with Bono and Ronan Keating? No. How could you live in a house with those two egos? I live in a house alone.

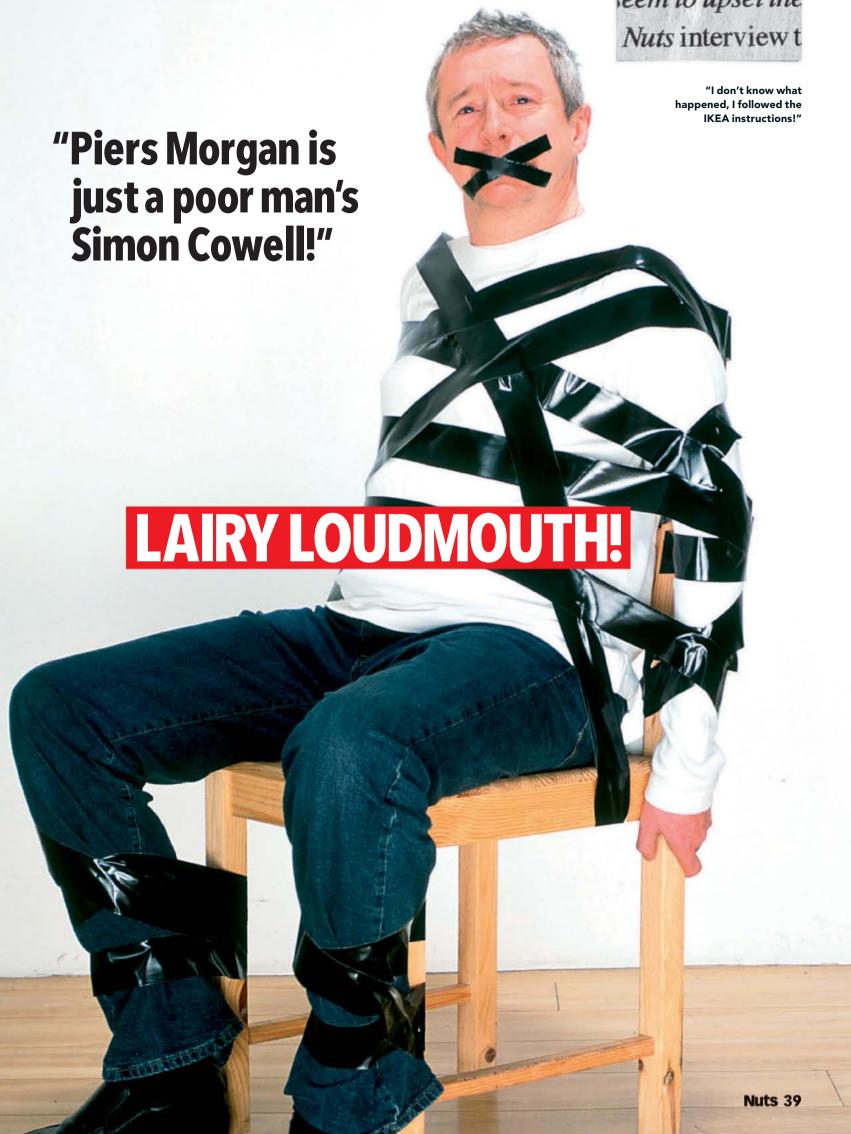
slagged off The X Factor. I was

in bed so I said, "I thought he

a lot of visitors. You sit there behind your comfy desk deciding who can and who can't sing for a living. So let's hear you, Louis. No excuses! I can't sing. That's why I'm a manager. Sing Umbrella by Rihanna. No. I don't sing. What about a bit of Twinkle Twinkle Little Star? No! Just do one note. You're not even going to get that! What'd be your talent if you were on Britain's Got Talent? Getting rid of Piers. I'd wave a wand and get rid of him. Would watching the rubbish X Factor auditions be more fun if you were drunk? I like watching them. That's why people watch, because it gives them all hope. They all think, "I can do better," and they can. Do you keep a leprechaun down your pants for good luck? No. Everyone thinks every Irish person loves Riverdance, Father Ted and leprechauns. It's not true! Thanks, Louis! Will you show us your craic before you go? I'm showing it now. This is it!

Aren't you lonely? No. I get

Louis is the face of new Tango Fake Tan. See www.facebook. com/youvebeentangoed



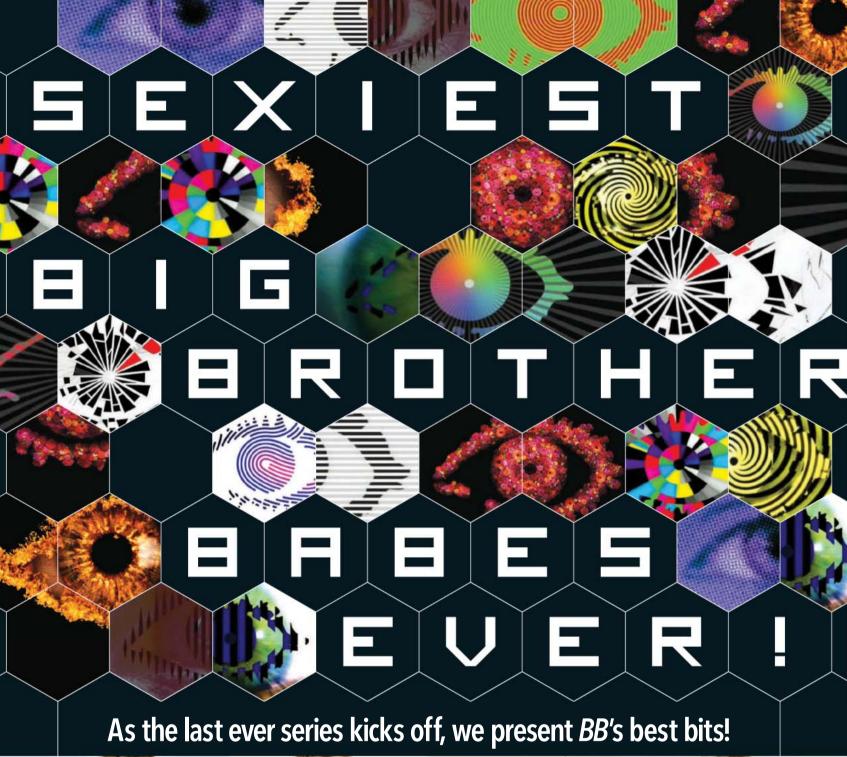


get ruined!

If Boots don't muck up your pics, this lot will!























SOPHIEREADE

i Sophie! Are you excited about the return of Big Brother? Massively! I'm definitely going to watch. I usually choose my favourite hot guy and try to meet him afterwards. It's lots of fun! Should they finish with a bang and make this year's series the sexiest ever? Yes. They need to cram in lots of fit girls and one nice-looking guy, and let them all fight over him. When I was in the house, I'd look at the door all the time and pray someone goodlooking would suddenly walk in! What sort of stunts should they pull on the housemates? They should just be really horrible, as that's when you see people's personalities come out. As it's the final one, they should make it as evil and entertaining as possible!

If you were invited to go back into the house, do you think you'd be more outrageous this time around? I would be if they put some hot guys in there! I didn't have sex in the house last time but I would've if there'd been someone in there I fancied.

"I'd love to do a sexy *BB* shoot with Chanelle!"

Which other sexy Big Brother contestant would you like to join you if you went back in? Chanelle. She has an amazing bum and boobs. I'd like to do a Big Brother-style shoot with her, so we could do lots of sexy poses on the Diary Room chair!

Did you have any rude dreams in the house because you went without sex for so long? Well, I never "sorted myself out" while I was in there, but all the guys did. The trouble was, at night, you could see the production team working on the show behind the mirrors. That ruined the mood for me a little bit! When you came out of the house, were you pent up with sexual frustration? Yeah! I was desperate to go out and have a good time. I'd been in the house for ages and was massively frustrated. I couldn't wait to get out and relieve myself! Ha-ha! What was your first post-house, er, "cuddle" like? The poor bloke didn't know what had hit him! It was an all-night thing. I had to make up for lost time! ->









SEXIEST *BB* BABES

How would you describe your ultimate Big Brother babe? I like a slim girl with blonde hair and big boobs. In fact, you might as well send me back in! I'm a huge boobs fan. I loved it when Lea Walker went into the house [in BB7]. I was amazed by her boobs! Since you've come out of the house, has your life changed? It's totally different. I get to go to loads of amazing parties and premieres, and I get to drink for free. That's the best part! Ha-ha! Did Cristiano Ronaldo really try it on with you? Yeah! I went out for a meal and he opened the door for me and gave me his phone number, but my boyfriend at the time dragged me away. I thought, "Why did I have to bring him here tonight?" Ha-ha! I like Ronaldo. I think he's nice and he has a fantastic body. Where's the weirdest place you've been recognised? In the toilets of clubs and restaurants any public toilet! People stand there with a camera and I'm like, "Let me pull my dress up first!" Are you a millionaire now? When you add together the prize money and the stuff I've done since, I've made good money out of it, let's put it that way. What's the most expensive thing you've bought with all that cash? I bought an apartment in London but most of my money goes on clothes, my hair and shoes. I buy really expensive shoes! Apparently, you wanted to be an air hostess but you're afraid of flying. Is that true? Yeah, I wanted to be a trolley dolly. But I don't like flying and I don't like walking on planes, because I have no balance. So I wouldn't have been very good! Ha-ha! Was it the uniform you liked, then? I love wearing uniforms. Policewoman, firewoman, nurse... I'm up for them all! Does that apply to when you're in the bedroom, too? Definitely! I've got loads of fancy-dress clothes. If you can think of it, I've got it! My favourite's a nurse's outfit that looks a bit leathery. It's different and very sexy. I'll have

The last ever series of Big Brother starts on Wednesday 9 June at 9pm on Channel 4.

FORGETTING OUR KIT, EVERY WEEK!

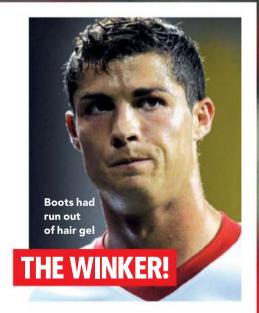
I WEEK

Nuts EXCLUSIVE!

TOYGO!

Ronaldo, Messi and Kaka on their biggest World Cup threat

s the World Cup kicks off in a few days, all eyes will be on the likes of Cristiano Ronaldo, Lionel Messi and Kaka. But who makes the three best players in the world lose sleep at night? Why, it's none other than our very own



Ronaldo PORTUGAL

"Wayne is an incredible footballer. He plays in training the same as he does in matches. He plays to win, no matter what, and his technique is such that he could play in any league in the world. He's that good. For England, he's a big hope but this won't affect him in a bad way. He's one of the most dangerous players in the tournament and could win the Golden Boot. As a friend, I hope he does well. But not too well!"



Messi ARGENTINA

"I don't know Rooney as a person but he's an impressive individual. He has an old-fashioned approach to the sport. It's football, football - the fame and money aren't important. England are a strong side for this World Cup and a lot of this is down to Rooney's skills and determination. Yes, he scores goals and provides for others but he'll also chase and chase for his team. Would I like to play in the same side as him? Of course!"



Kaka BRAZIL

"Rooney's such a young man, yet it seems he's been around forever! Every year, he gets better. He scores, makes goals for others, defends - I can't see a real weakness in his game. But it's his sense of 'team' that's most impressive. Even though he's devastating as an individual, he considers the collective to be most important. With Rooney, Gerrard and Lampard in the team, England can have a strong World Cup!"



Nuts SPORT

Top Wazza Pub Ammo



- The 2009-10 PFA Player of the Year, Rooney has also won the Young Player of the Year award twice and the Player of the Month award five times.
- He covers an average of 7.5 miles per game.
- At top speed, he reaches 9.7 metres per second – that's not far off an Olympic sprinter!
- He was a keen boxer before giving it up to concentrate on football, but he remains a big fan – he once carried Ricky Hatton's belt into the ring.
- He has the most lucrative sports-book deal in history, worth almost £10million over 12 years.
- He scored a hat-trick on his debut for Man United in a 6-2 Champions League win against Fenerbahce.
- He's played 31 competitive games for England, notching up 13 goals.



England vs USA

Saturday 12 June, 7.30pm, ITV1





Fabio's boys need to become men this summer!

ith the World Cup just about upon us, I've been thinking about England's greatest moments - and let's face it, there haven't been many in the past 40-odd years! Since 1966, it's been one disappointment after another, from Diego Maradona's handball in 1986 to losing numerous penalty shootouts.

So the difference this time around has to be the mentality. Fabio Capello has to instil a winning mindset into the squad,

"The difference this time has to be the mentality"

the kind that won't see them falter when the pressure is really on. The squad that won England the World Cup in 1966 was full of real men who didn't shirk a challenge when the going got tough, and we have a few of those in the current side - notably, Wayne Rooney and John Terry.

Watching the friendly against Mexico, I couldn't help thinking how much England miss Terry when he isn't playing, because he's fearless. You only have to look at the way he bounced back from missing the vital penalty for Chelsea in the Champions League final against Man United. Just a couple of years on, he's led his team to the Double. I know he's lost the England captaincy

to Rio Ferdinand, but he's still a leader of men just like the great Bobby Moore was all those years ago, and that's what England need to win the trophy in South Africa, because other countries have more talented squads than us.

Anyway, I hope Nuts readers get right behind the boys although that might be asking a bit much of our Scottish, Welsh and Irish readers! Ha-ha! Come on, England!

Jose will be the Real deal

I said a few months ago that Jose Mourinho would win the Champions League with Inter this year, and I was proved right. Now he's bound for Real Madrid and with the resources he'll have at his disposal. he's bound to be a success there. Real's stars haven't performed but there's no better motivator in the game than Jose Mourinho.



HAS IT!

Everton's Mikel Arteta is a hugely underrated talent, and I can see the likes of Man United and Arsenal fighting for his signature this summer.



OTOS: BACKPAGE IMAGES, GETTY, CORBIS



England team. I'm a big fan of the lad -



Sadly, though, I don't think Everton defender Leighton Baines has it in him to make the jump from club football to international quality. Not yet, anyway.

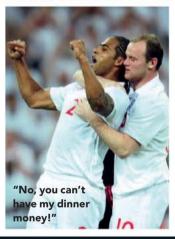
SK KAMM

Hi Kammy!

OK, let's cut to the chase having seen our form in the pre-tournament friendlies against Mexico and Japan, do you reckon England can really end 44 years of hurt and win the World Cup in South Africa? Paul Carrow, via email

Of course they can! With a little bit of luck and the team spirit I mentioned [see left], Fabio

Capello's men can go far in the tournament. They could even go all the way and win it!

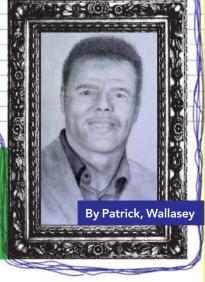


DRAW

This effort from Patrick from Wallasey is amazing and could be the best yet. Can you beat it? Send in your efforts and a Nuts T-shirt could be on its way to you!

Kammy needs you!

Send Kammy your jokes, pics and anything else you think might tickle him to kammy@ipcmedicom. The best one each week will be sent a Nuts T-shirt!





"Atletico Madrid's 21-year-old Sergio Aguero will soon be one of the world's best strikers. He would grace any English side." KAMMY SAYS: 3/5

3 PIENAAR TO SPURS £20MILLION

"Steven Pienaar had a great season with Everton but he turned down a new contract, so he could be on his way to White Hart Lane before long." KAMMY SAYS: 4/5



Be on the ball!



Going abroad to watch the World Cup? Then know the score



he World Cup is nearly upon us (hooray!).
Whether you're lucky enough to be going to South Africa itself or watching it on the big screen from a European resort or bar, there are a few tips you should follow to make it a trip to remember, not one to forget.

No matter what your destination, the Foreign and Commonwealth Office (FCO) has loads of useful travel advice and top tips to help you make the most of your holiday and cheer on the lads without any nasty surprises. Have a butcher's at fco.gov.uk/travel.



Here are a few things to remember...

GET SOME TRAVEL

In the unfortunate event that anything should happen to you while you're in a foreign country, you'll want to make sure you get all the help and treatment you need to get you back on track. If you're going to Europe, you can get your mitts on a free European Health Insurance Card (EHIC), which will give you some reduced or free emergency care. But it's better to go for the full travel-insurance whack to ensure you're fully covered. Head to www.ehicorg.co.uk for more information.

KEEP YOUR STUFF SAFE

Just like at home, there are folk abroad who see tourists as an easy touch to pick-pocket. Make sure all your valuables are on your person and out of sight at all times – especially in crime hotspots such as train stations. And keep an eye on your passport – 30,000 of them were lost or stolen last year!

STAY HEALTHY!

The last thing you want to bring back from a big trip is a disease, so find out if you need any shots before leaving. Pack condoms, too, as some places have higher rates of HIV/AIDS.

KNOW YOUR DESTINATION!

It's worth researching the country you're going to, as laws and customs abroad can be very different to ours. Visit the travel advice section of the FCO website (www.fco.gov.uk/travel) for destination info, including local laws and customs. If it's South Africa you're off to, you'll find the locals welcoming, but there are dangers just like anywhere else.

So wherever you're watching the footy, be on the ball!

Check out www.fco.gov.uk/ worldcup or call 0845 850 2829 for more information



"Our performance today would have been not the best-looking bird but at least we got her in the taxi. She wasn't the best-looking lady we ended up taking home but she was very pleasant and very nice, so thanks very much, let's have a coffee"

"I love
Blackpool.
We're very
similar. We
both look
better in
the dark!"

"Hasney [Aljofree, of Plymouth] has bust his hooter. He can smell round corners now!"

"In the first half, we were like the Dog & Duck, and in the second, we were like Real Madrid. We can't go on like that. At full-time, I was at them like an irritated Jack Russell!"

"I wrote the word 'ugly' on the board at half-time and I wasn't talking about myself – although I could've been"

"It was lucky that the linesman wasn't stood in front of me because I would've poked him with a stick to make sure he was awake!"

"If you're a burglar, it's no good poncing about outside somebody's house, looking good with your swag bag ready. Just get in there, burgle them and come out. I don't advocate that, obviously, it's just an analogy!"

"They munched on a lamb. I'd have liked us to be lions but, unfortunately, we had a bit of mint sauce on ourselves!" "We need a big, ugly defender. If we had one, we'd have dealt with their first goal by taking out the ball, the player and the first three rows of seats in the stands!"

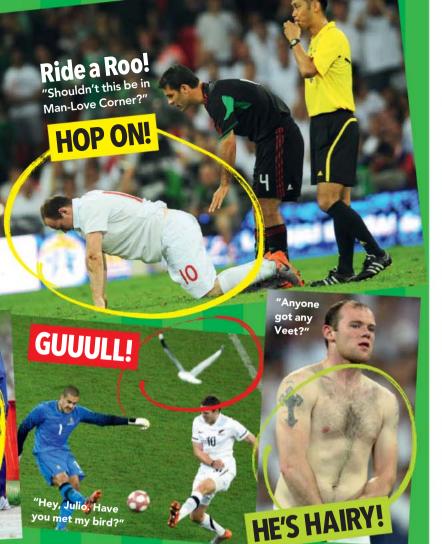
"Roy
Keane's
like a shark.
He has
those eyes.
You don't
know if he's
going to
buy you
a drink
or eat you!"

PHOTOS: GETTN



pay as you go







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OUOTE ME ON THAT!

Sporty types talking a load of toilet!

"Calling me a national treasure makes me sound like the Nora Batty of football'

obsite

ng an old woman

"If it ends up 21-19, so be it"

Nottingham Forest gaffer Billy Davies predicts a goalfest.

"It's gonna be biscuits for life, isn't it?"

Blackpool's Ian Evatt on the benefits of being promoted.



"We play the prettiest football and have the prettiest players"

Argentina's Messi forgets about Tevez

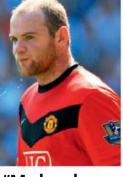
"When you have the most beautiful girl in the world, you hope she'll also wear the nicest dress" Weirdly, Fifa ch

Sepp Blatter is talki about the box for the World Cup trophy.

"I don't want to name players but Scott Parker and Matthew **Upson received new contracts**"

"On long-haul flights, I've been known to sleep on the floor so I can hear the engine"

ht with Wayne Rooney.



"My head was too big to get through doors"

Big-bonced Coventry boss Aidy Boothroyd.

"It's easier to find a 50-year-old virgin than a sponsor for Michael

humacher"

Willi Weber, can't find a woman.

"The Stadium of Light's pitch is so flat and bobbly"

It's either one or the other, Paul Jewell.



"The ref might not have been in the way, but he's still in the way"

Sky Sports pundit Paul Merson can't seem to make his mind up.



'OO-ER SOUNDS A BIT RUDE' CORNER!

"I'd like to feel what Sir Alex feels"

Sky Sports' Andy Gray reveals he has the hots for Mrs Fergie.

"The floor was a couple of inches deep in all sorts of liquid"

Steve Harper of the Newcastle dressing room

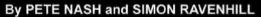
"The keeper thought **Robben was** going to come inside him"

ITV's Jim Beg turns the air blue.





Striker



striker3d.net



Nuts REAL GIRLS BERG BABE The Pic she sent us! Siobhan 19, Cornwall, beauty therapist "I like my man to make me feel special, so I want to be with Tilke my man to make me reel special, so I want to be w someone who hasn't slept with loads of other women!" Want to be a Nuts model? Only work with official Nuts staff. If you're approached by a photographer, call us on 020 3148 6927 to confirm they're genuine.



Nuts FASHON POWERED BY USC

NEW TO ADIDAS BLUE HOODED TOP An old classic, perfect for down the beer garden **FRED PERRY POLO** This classic style is best worn fitted and buttoned right up. Sweet! adidas SOVIET **WOVEN BELT** This preppy style is available in a range of bright colours. **SOVIET WRAP**

G-STAR DARK DENIM JEANS

These have a tapered leg, so should look brilliant worn with a pair of plimsolls

They may look designer but the great price tag says otherwise.

SUNGLASSES

NIKE WHITE FLASH TRAINERS

The white plimsoll is the footwear that'll go with any outfit, smart or casual.

ALL ITEMS AVAILABLE AT WWW.NUTS.CO.UK/FASHION



BEDROOM BABES!

Vote for your favourite – and she'll star in *Nuts*!

Vote for your favourite at www.nuts.co.uk/girls

Ladies, send us your pictures! Send your photos to Real Girls UK, Nuts, 4th Floor, IPC Inspire, the Blue Fin Building, 110 Southwark Street, London SE1 0SU. Or email nutsgirls@ipcmedia.com. You must be at least 18 years old.

Danielle

19, Norfolk, barmaid

"My best features are my eyes - I've had people stop me and comment on them before!"

Lynsey 25, Carlisle, student

"My dream first date would be on a sandy beach, sipping cocktails in skimpy undies!"

Terrie

24, Colchester, dancer

"Pole dancing keeps my figure sexy, and I like to show it off in my silky pink all-in-one!"

Mieke

20, London, student

"I'd love to be a WAG, go out with a sexy footballer and live the dream in Hollywood!"

Vote now to see more of your favourite girl!

The winner gets her own Bedroom Babes shoot in a future issue of Nuts! Choose the girl you think is the hottest, go to www.nuts.co.uk/girls, click on the "Bedroom Babes" bit and vote for her. It's as simple as that!



Party with your favourite mag!

here's only one place to be this summer, and that's Ibiza! Nuts is hitting the party isle, throwing the biggest shindig around at Eden every Monday.

Expect Nuts girls galore. bikini contests and tunes from the likes of Tinchy Stryder!

Want to get in cheap? Take the below voucher to Eden on a Monday and get in for just €15!

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Every Monday night at **©EDEN**



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LADIES STORIES CONFESSION TO OUR SECRETARY!

sort, I suggested we stay put and do the business right there in the garden. I could hear my next-door neighbour pottering around in his shed, so I tried to be really quiet. But as I approached an intense orgasm, I let out a loud groan. I couldn't stop myself! A few days later, I bumped into my neighbour in the supermarket and he went all red. I'm sure he must've got a sneaky peek of our al fresco naughtiness!

Clara. Winchester

'I could feel her getting hornier'

I thought I'd share my seven-year secret with your readers. In 2003 and in my last year of university, I discovered my wilder side. I'd already been having sex with my female roommate for a few months but one night, we agreed we'd both like to try a threesome. So a few days later, I pulled a really sexy bloke in a club and took him home. You should've seen his face when he spotted my roommate spread naked on the bed! I stripped off while she kissed him and took his trousers off. Watching my friend take him into her mouth as she played with herself quickly made me wet, so I made him do me from behind while I pleasured my friend lying in front of me. As he rode me harder and faster. I could feel my friend getting hornier, which turned me on even more. Just as I came, she gasped beneath me and we all collapsed in a heap!

Jody, Colchester

'He tore a hole in my tights'

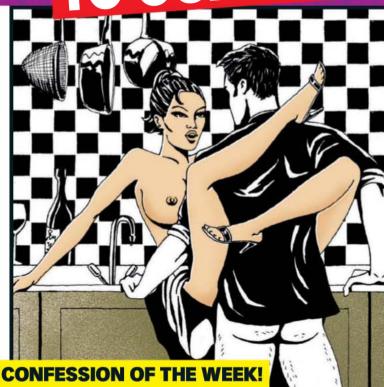
IT'S LOU

I work in an office where there are loads of fit guys. A few weeks ago. one of them started being really flirty with me, subtly stroking my hip in the kitchen and winking at me. The next thing I knew, we were sending dirty emails back and forth. I'd often find myself leaving work at the end of the day with wet panties! After about a week of this, he called me, asking me to go to his office. I had no idea what he was going to say but he quickly blurted out that I was making him really horny. Checking there was no one outside the office, he stood up and showed me his huge hard-on bulging beneath his trousers. I was really turned on, so I walked over to him and sat on the edge of his desk with my cleavage almost in his face. He groaned and ran his hands up my thigh. Then he tore a hole in the crotch of my tights, slipped his fingers into my knickers and pushed them inside me. It felt so naughty knowing that someone could walk in and catch us at any moment, and it didn't take me long to come over his hand. It was so naughty, and I can't wait until the next time he summons me to his office!

Katey, Newport

Win £50!





'We had sex in the kitchen'

One night, my fella and I had friends over for a takeaway. Offering our guests a coffee, my bloke left the room, giving me a sly look as he went. So I followed him to "help". As soon as we got to the kitchen, I lifted my dress and slipped off my thong. My man's hand found my clit and he massaged it slowly. Unleashing his shaft, he guided it inside me. We made love against the sink, then I begged him to finish me off from behind. A few minutes later, we returned with the coffee and our friends were none the wiser!

Holly, Suffolk

'Our picnic turned steamy'

It was a really sunny afternoon, so my boyfriend and I decided to have a picnic in the garden. After some good food and a few cold beers, I seductively sucked on a strawberry and flashed him

a bit of thigh. This was the only invitation he needed and soon, he was on top of me, pinning me to the blanket. Things got steamy very quickly – before long, he was licking my breasts while my fingers worked his shaft. He suggested we go inside to finish off but being the adventurous

Nuts 69

REAL GIRLS, Nuts! REAL PLACES!

THIS WEEK:

Name: Dani Age: 22

Boobs: 32F. "I think

they're amazing!" **Likes:** "Older men."

Ever kissed a girl? "Everyone has!"

Strangest place you've had sex? "At work. No, not with the cleaner!"

Sex tip: "Spank my arse!"

TWICKENHAM

Ladies, would you like Nuts to hang out with you for the day? Email a photo and a bit of info about yourself to nutsgirls@ipcmedia.com or write to Real Girls UK at the address on page 68. You must be at least 18 years old.

Dani's tasty tour of Twickenham

She puts the sex in Middlesex!

HELLO!

Dani on... keeping fit!

"My dad bought me some gym equipment because I hate getting all hot and sweaty in front of strangers! I try to use it at least four times a week."

Dani on... her home!

"Twickenham's great because there are lots of sexy rugby players walking around! There isn't much to do, though, so I go to London for a night out."

Dani on... dressing up!

"I really like dressing up in the bedroom. I have a fishnet dress with some very sexy PVC boots. No one wants to sleep with a girl in granny pants!"

70 Nuts





Nuts GAMBLING MASTERCLASS!

We poured this advice into a *Nuts* man's head and sent him online to try to win!

Deal or No Deal top tips!

eal or No Deal is a game enjoyed just by those who believe in a "system", right? Well, the TV game show might be, but the multi-line slot isn't!

For as little as 5p a go, you can win big – and if you're willing to play on all lines, you could win a progressive jackpot. In fact, one recent winner walked off with £1.4m!

And best of all? You can win big money in the comfort of your own home!

HOW TO PLAY

- The aim is to get winning symbol combinations from a spin of the reels, with the ultimate aim being to win the progressive jackpot.
- You can gamble up to 20p on each of the 20 pay lines. That's up to 20 chances to win on each play!
- The progressive jackpot can only be won on the Deal or No Deal bonus game, but there are also two other fun bonus games called Banker's Offer and Mystery Box Bonus, where you can win cash.

THE NUMBER LINES

It's all self-explanatory – click the number beside the reels, or the "Bet One" or "Bet Max" button. Choose Bet Max for the chance to play the bonus game and win the biggest jackpots!

DEAL OR NO DEAL BONUS GAME

If you're betting on all 20 pay lines and you get three Deal or No Deal bonus symbols on any pay line, the bonus game begins. This is much like the Deal Or No Deal TV show, only the big progressive jackpot is at stake here. Don't be too greedy or, like us, you could end up with £8 instead of £100!

He won big!

Chris B won £456,168 on Deal!**

"It's brilliant! I might move somewhere hot and buy a house. It hasn't sunk in yet!"



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WORDS: STEVEN BUCH PHOTOS: ALAN MCFA





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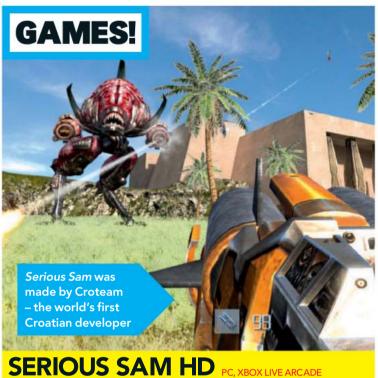


Gillette Series Pre-Shave Wash

This has been designed to clean away dirt and excess oil, and help soften the skin before a shave. www.gillette.com



Nuts ?= //=

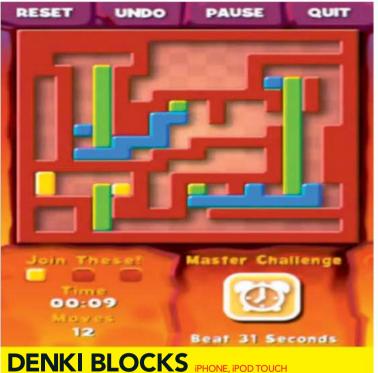




Subtitled The Second Encounter, this frenetic firstperson shooter has you taking

apart legions of suicidal beasties as they run full pelt into your

crosshairs. This version adds 15-person multiplay (on the PC version) and all-new levels. And as it's an old game that's been reassembled in the company's high-def game "engine", it's all in crisp, Xboxy high def. ★★★

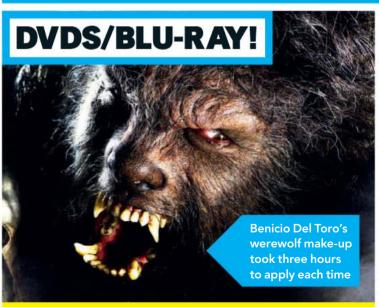


DENKI BLOCKS



One of the best new puzzlers in years lands on the glory phone. Like all puzzlers, it's easy to understand but fiendishly difficult to master. You slide

coloured blocks across a maze to freedom. But what's the catch? All the blocks move at the same time, in the same direction. This equals gaming genius and brainmashing difficulty. But it's perfect for long journeys! ★★★★



THE WOLFMAN CERT 15 DVD & BLU-RAY



Benicio Del Toro and Anthony Hopkins star in this solid remake of a classic Gothic werewolf chiller. It's basically an

enjoyably daft Victorian murder mystery, with Del Toro on cracking form as the bitey beast, some gloriously gory maulings and Brit hottie Emily Blunt filling out a frilly frock very nicely as the shrieking love interest. Decent. ★★★

CHRIS RYAN'S STRIKE BACK



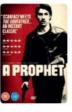
Thrilling 24-style action series about a neck-snapping former SAS hero who's parachuted into a new special unit. Cool! ★★★★

CURB YOUR ENTHUSIASM:



Larry David returns for more awkward chuckles as he blunders his way through a reunion of his hit show Seinfeld. ★★★

A PROPHET & BLU-RAY



Don't be put off by the subtitles this brutal prison drama about warring mobsters inside a French clink is a corker! ★★★★



VARIOUS ARTISTS



It's the summer! Which means holidays, bikinis and frugging away to sexy house of the

type found on this latest effort from Hed Kandi. Top stuff! ★★★

VARIOUS ARTISTS



What this compilation album tells us is that pop in 2010 is either very good (Shakira,

Chipmunk) or very bad (JLS, Joe McElderry, Jedward). ★★★











Seven days of brilliant telly for blokes!



6.00am Breakfast 9.15 Don't Get Done. Get Dom 10.00 Put Your Money Where Your Mouth Is 11.00 Cowboy Trap (R) 11.45 Cash in the Attic 12.15pm Bargain Hunt (R) 1.00 BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors 2.15 Murder, She Wrote (R) 3.00 BBC News, Weather, Regional News 3.05 CBeebies 3.30 CBBC 5.15 Weakest Link (R) 6.00 BBC News, Weather 6.30 Regional News Programmes, Weather

6.00am CBeebies 8.00 CBBC 11.10 The Flintstones (R) 11.35 The Flintstones (R) 12.00noon Daily Politics 12.30pm Working Lunch **1.00** Open Gardens (R) 1.30 LIVE Racing from Epsom 4.30 A Question of Genius 5.15 Escape to the Country (R) 6.00 Great British Menu

5.30am ITV News 6.00 GMTV 9.25 The Jeremy Kyle Show (R) 10.30 This Morning 12.30pm Loose Women 1.30 ITV News 1.55 Regional News 2.00 60 Minute Makeover 3.00 Dickinson's Real Deal 4.00 Agatha Christie's Poirot: Rubbish crime capers. (R) **5.00** The Chase **6.00** Regional News, Weather 6.30 ITV News

7.00 The One Show

7.30 A Question of Sport

It's a special World Cup edition with a blast from the past line-up including Ossie Ardiles, Gaizka Mendieta, Dietmar Hamann and, er, Quinton Fortune.

8.00 EastEnders

More Cockney jibber and/or jabber.

8.30 Outtake TV

Clip show gubbins full of TV-based gaffes.

9.00 New Tricks

Jack's mind isn't on the job. (R)

10.00 BBC News, Weather

10.35 Friday Night with Jonathan Ross

Stateside megastars Christina Aguilera, Eminem, and LL Cool J are all on the couch. A stellar line-up, Wossy!

11.35 The National Lottery **Friday Night Draws**

11.45 Absolute Power

Crime thriller starring Clint
Eastwood as an ageing thief, set up to take the rap for a murder.

1.45am Sign Zone: The Virtual Revolution: The impact of the internet. (R) 2.45 High Street Dreams (R) 3.45 Great British Menu (R) 4.15-6.00am BBC News

7.00 The Genius of Design

The impact of retail culture during the '80s. So it's about shopping then? Pass.

8.00 Great British **Railway Journeys**

All aboard the 8 o'clock to Dullsville! (R)

8.30 Gardeners' World More mud-based mediocrity.

9.00 When Romeo Met Juliet

Pupils from two schools have eight weeks to put on

a performance of the Shakespeare play.

10.00 Grumpy Guide to the Eighties

Another round of nostalgic ranting. Yawn.

10.30 Newsnight

11.00 The Review Show

The week's cultural bits and pieces.

11.50 Bon Jovi: When We Were Beautiful

Behind the scenes with the poodle-haired rock blokes during 2008's Lost Highway tour. Big tunes galore.

1.10am I'm in a Rock 'n' Roll Band! (R) 2.10-3.50am Like Minds: Psychological thriller starrng Toni Collette.

7.00 Emmerdale

Tractors, sheep, mud... you get the idea.

7.30 Britain's Got Talent

It's the last semi-final, with eight more lunatics, sorry, "acts" hoping to sing and dance their way into the final.

9.00 Coronation Street

Tony sets the factory alight with his hostages inside. As Coronation Street goes, this actually sounds quite exciting!

9.30 Britain's Got Talent - The Results

Who's going through to tomorrow's final? There's a hundred grand at stake...

10.00 ITV News

10.35 The Dukes of Hazzard

Ropey action comedy starring Seann William Scott and Johnny Knoxville as cousins Bo and Luke Duke trying to rescue the family farm. Worth watching for Jessica Simpson and her little denim hotpants.

12.30am The Zone

Interactive gaming show.

2.30 FLM Avalanche Express: Spy thriller starring Lee Marvin. 4.00 Touching Evil 4.45-5.30am ITV Nightscreen



BBC1 SCOTLAND: 7.30pm The Beechgrove Garden 8.30 A Question of Sport 9.00 Holby City BBC1 NORTHERN IRELAND: 8.30pm DIY SOS 10.35 The Blame Game 11.05 The National Lottery Friday Night Draws 11.15 Friday Night with Jonathan Ross 12.15am BBC News 12.45 Sign Zone:

Countryfile BBC2 SCOTLAND: 7.00pm Landward 7.30 Porridge STV: 10.35pm October Road 11.30 In Plain Sight 12.20am Roulette Nation 1.00 Nightwatch with Steve Scott: Mystery 2.00-5.30am The Nightshift ULSTER: 10.35pm Ultimate Ulster 11.05 The Lakes 11.35-2.30am Brain Box

TODAY'S SPORT

sky SPORTS 1

6.00am Good Morning Sports Fans 9.00 Premier League World 9.30 The Rugby Člub (HD)

10.30 MUST SEE Cricket: It's the opening day of the second and final Test between England and Bangladesh at Old Trafford. England have got to be massive favourites, and with the Twenty20 World Cup already in the bag, let's hope the Test side can keep up the good work! (HD)

7.00pm LIVE Darts: UK Open arrowchucking, with the third round at the Reebok Stadium, featuring the top 32 players from the UK Order of Merit and yesterday's second-round winners. (HD)

11.00 Cricket (HD) 1.00am Rugby League: Leeds Rhinos vs Wakefield Trinity Wildcats. (HD)

2.30 Boxing (HD)

4.30 Premier League World

5.00-6.00am NFL: Total Access

sky SPORTS 2

6.00am Aerobics

6.30 Darts (HD)

10.30 NRL Fulltime 11.00 Rugby League

1.00pm Darts (HD)

5.00 NFL: Total Access

6.00 Transworld Sport

7.00 World Sport

7.30 LIVE Rugby League: Face-mangling action as defending champions Leeds Rhinos face Wakefield Trinity Wildcats in the Super League, kick-off 8pm. (HD)

10.00 WE Boxing: Ian Napa scraps with Stuart Hall (no, not that one) at the Peterlee Leisure Centre, with the vacant British Bantamweight title up for grabs. (HD)

12.00m't NFL: Total Access

1.00am Darts: The second day of the UK Open at the Reebok in Bolton. (HD) 5.00 World Sport

5.30-6.00am IAAF Athletix Weekly

ON DIGITAL, SATE

FILM4 (315)

7.00pm Aquamarine: Teen fantasy comedy starring Emma Roberts. 9.00 Night at the Museum: Fantasy adventure comedy starring Ben Stiller and Robin Williams. 11.10 Dog Soldiers: Horror thriller starring Sean Pertwee and Kevin McKidd. 1.15-3.05am Vault of Horror: Horror chiller Starring Daniel Massey.

COMEDY CENTRAL (126)

7.00pm The King of Queens: Double bill. **8.00** 30 Rock **9.00** South Park **11.00** Lee Evans XL Tour 12.20am Lee Evans: Up Close 1.40 South Park 2.40 Dirty Sexy



6.00pm FIFA World Cup Classic Matches 8.00 Birmingham

City vs Manchester United: 2009/10 10.00 Ultimate Fighter 11.00 30 for 30 1.00am WE NHL Ice Hockey 4.00 MMA Live **4.30-5.30am** The Ultimate Fighter

6.00am The Treacle People (R) 6.10 The Hoobs (R) 7.00 Freshly Squeezed 7.25 Everybody Loves Raymond (R) **8.20**Frasier (R) **8.45** The 5 O'Clock Show with Peter Andre (R) 9.45 Deal or No Deal (R) 10.35 Will & Grace (R) 11.05 Supernanny USA(R) 12.00noon Channel 4 News Summary 12.05pm Brain Damage 12.10 Jamie at Home (R) 12.40 FLM Logan's Run: Sci-fi adventure. 2.55 Coach Trip (R) 3.25 Countdown 4.10 Deal or No Deal 5.00 The 5 O'Clock Show with Peter Andre 6.00 The Simpsons (R) 6.30 Hollyoaks

6.00am Milkshake! 9.15 The Wright Stuff 10.45 Trisha Goddard (R) 11.45 CSI: Crime Scene Investigation (R) 12.40pm Five News 12.45 Paul Merton in Europe (R) 1.45 Neighbours 2.15 Home and Away 2.50 The Family Recipe (R) 2.55 I Own Britain's Best Home: Flying Visit (R) 3.10 FILM Sacrifices of the Heart: Drama starring Melissa Gilbert. 5.00 Five News. Weather 5.30 Neighbours (R) 6.00 Home and Away (R) 6.25 Live from Studio Five



6.00am The Biggest Loser US (R) 7.00 Brainiac's Test Tube Baby (R) 8.00 Oops TV (R) 9.00 Bones (R)(HD) 10.00 The Real A&E (R)(HD) **11.00** Pineapple Dance Studios (R) 12.00noon Angela and Friends (HD) **1.00pm** Bones (R)(HD) 2.00 Project Catwalk (R) 3.00 Stargate SG-1: Double bill of sci-fi nonsense. (R) 5.00 SPORT WWE Superstars 6.00 Terry Pratchett's Going Postal (R)(HD)

700 News

7.35 Unreported World A look at teenage miners in Bolivia.

More high-school yelping.

9.00 Fighting the Red Baron

Two Red Arrows pilots take on challenges they would have faced as First World War aviators to discover how aerial combat changed so quickly from 1914 onwards.

10.35 The Ricky Gervais Show

More daft chit-chat with Ricky and the boys. Watch out for a particularly chucklesome discussion involving face transplants. Brilliant stuff.

11.10 The Ricky Gervais Show

Karl Pilkington discusses time travel and nappies for adults. The usual gibberish!

11.45 Music on 4: **World Music Awards**

Coverage of this year's award ceremony from Monaco, hosted by actress Michelle Rodriguez with music by Jennifer Lopez, NERD, Ludacris and David Guetta.

1.15am CTRL Student Tour 1.30 This Week's 4Music Top 20 3.15 FLM Mad About Mambo: Romantic drama. 4.40 Win My Wage (R) 5.25-6.05am Countdown (R)

7.15 Cricket on Five

SPORT Highlights of the day's willow-thwacking action from Old Trafford as England begin the second Test against Bangladesh.

8.00 Sea Patrol UK

More strife on the high seas. (R)

9.00 The Mentalist

A female scientist contacts Jane for help after being exposed to a deadly virus.

10.00 CSI: NY

A woman linked to a number of highprofile figures is murdered, but the detectives find their inquiries hindered by the Chief of Police. The shifty swine. (R)

10.55 Grey's Anatomy Staff deal with the victims of a bus crash.

11.55 Cops in Crisis

The Bobbies are in bother again. (R)

12.15am SuperCasino

Live interactive gambling show.

4.05 SPORT Motorsport Mundial 4.30 Wildlife SOS (R) 4.55 Animal Rescue Squad (R) 5.10 Neighbours (R) 5.35-6.00am Home and Away (R)

8.00 Terry Pratchett's Going Postal

More bizarre goings-on as the comic fantasy reaches its conclusion. (R)(HD)

10.00 **Ross Kemp**: **Battle for the Amazon**

The baldy actor examines the problems facing the famous river. (R)(HD)

11.00 Celebrating the Goal

SPORT The stories behind some of the most memorable goals in World Cup history. (R)

12.00m't A League of Their Own

Ruth Jones and Alastair Campbell join the regulars for the sport gag-fest. (R)(HD)

12.30am A League of Their Own

Crouchy's missus Abbey Clancy and Georgie Thompson? Yes please! (R)(HD)

1.00 Battle for the Amazon 1.50 Road Wars 2.40 Cold Case 3.30 Tru Calling 4.20 Parents' SOS 4.45 Hello Goodbye 5.10-6.00am Sell Me the Answer

TODAY'S MUST-SEES



England vs Bangladesh

Sky Sports 1/HD, 10.30pm

SPORT The second and final Test begins at Old Trafford. As Twenty20 champs,

England will have a certain swagger – and they should go into this 1-0 up already! ★★★★



Zimbani Dave, 10.50pm

One-off comedy send-up of '70s spy adventures, following two

agents trying to outwit evil dictator Zimbani. played by Julian "The Mighty Boosh" Barratt. It's a bit bonkers, but it's actually pretty good! ★★★

LLITE AND CABLE TV TONIGHT

Funny: Olivia Lee 3.10 Two and a Half Men: Double bill. 4.10 Shortcuts Shuffle 4.20 Scrubs 5.10-6.00am Frasier

BBC3 (115)

7.00pm Top Gear 8.00 Walking with Beasts 9.00 Doctor Who 9.50 Doctor Who Confidential 10.00 EastEnders 10.30 FLM Kidulthood: Gritty Brit drama following a group of West London teenagers on a day off school, when one of their classmates kills herself. Noel Clarke stars. 12.00m't Family Guy: Peter befriends actor James Woods. 12.45am Coming of Age 1.45 Bizarre ER 2.15 La La Land: Ace wind-ups. 2.40 The Real Hustle Undercover 4.10-5.10am Coming of Age

7.00pm Hollyoaks 7.30 My Name Is Earl 8.00 Friends 9.00 Gok's Fashion Fix 10.00 Supersize vs Superskinny 11.05 Wife Swap 12.10am My Name is Earl

12.40 Scrubs 1.40 Gok's Fashion Fix 2.35 Supersize vs Superskinny 3.30 Wife Swap 4.25 Everwood 5.05-6.00am Switched

7.00pm Traffic Cops 8.00 Top Gear: Jeremy Clarkson tests the BMW M3 saloon. 9.00 Mock the Week 9.40 Star Stories 10.10 QI 10.50 MUST-SEE Zimbani: New comedy with Mighty Boos star Julian Barrett. 11.10 Mock the Week 11.50 Star Stories 12.20am QI 1.00 Game On **1.40** Bottom **2.20-3.00am** Rob Brydon's Annually Retentive

MTV ONE (350)

7.00pm Gossip Girl 8.00 The Hills 8.30 The City 9.00 Jersey Shore 11.00 World Stage 12.00m't Pendulum: Camden Crawl Live 12.30am Plan B: Camden Crawl Live 1.00 South Park 3.30 Jackass: Where Are They Now? 4.00 Pimp My Ride 5.00-6.00am Brooke Knows Best

VIRGIN 1 (121)

7.00pm Star Trek: Voyager 8.00 Warehouse 13 9.00 Star Trek: Enterprise 10.00 Supernatural 11.00 Sexarama 11.30 Eurotrash: The Sexy Bits 12.00m't Roulette Nation 3.00am Costa del Dosh 4.00-5.00am Take It or Leave It

SYFY (129)

7.00pm Smallville 8.00 FILM The Dish: Australian comedy starring Sam Neill and Kevin Harrington. 10.00 V (2010) 11.00 Human Target: Chance tries to make an underworld figure lose in a prize fight. 12.00m't Sanctuary 3.00am Painkiller Jane 4.00-6.00am Angel

7.00pm NCIS 10.00 Brotherhood: Tommy faces political problems. 11.10 Life 12.10am NCIS: The team hunt down a sniper. 2.10 Third Watch: Yokas clashes with her mum. **3.10-4.10am** Tour of Duty



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Nuts 81

6.00am Breakfast 10.00 Saturdav Kitchen 11.30 The Delicious Miss Dahl (R) 12.00noon BBC News, Regional News, Weather **12.15pm** Usain Bolt: The Fastest Man Who Has Ever Lived (R) 1.15 LIVE Derby Day: And they're off, including the three-legged donkey we've backed. **4.30** BBC News, Regional News, Weather 4.45 Hole in the Wall (R) 5.15 ELL Shrek 2: Animated comedy. 6.40 Doctor Who

6.00am CBeebies 7.00 CBBC 12.00noon BBC Switch: Degrassi: The Next Generation 12.25pm The Cut 12.50 No Hats, No Trainers 1.15 The 5:19 Show 1.30 Off the Hook (R) 2.00 LIVE French Open Tennis: The women's singles final in Paris. 4.55 Coast (R) 5.25 The Boats That Built Britain (R) 5.55 Dad's Army (R) 6.25 Timewatch - Bloody Omaha (R)

5.30am ITV News 6.00 GMTV 9.25 The Crocodile Hunter Diaries (R) 10.25 The Lakes (R) 10.55 Monk 11.50 News, Weather **12.10pm** This Morning: Saturday **1.10** Britain's Got Talent (R) **2.40** Britain's Got Talent - The Results (R) 3.10 Kindergarten Cop: Comedy thriller starring Arnold Schwarzenegger. **5.10** Creature Comforts (R) 5.20 Creature Comforts (R) 5.30 Regional News, Weather 5.45 ITV News 6.00 You've Been Framed! (R) 6.30 The Whole 19 Yards

6.10am The Hoobs (R) 6.35 SPORT ITU Triathlon World Cup (R) 7.30 SPORT World Sport 8.00 SPORT The Morning Line 8.55 T4: Friends (R) **9.55** 90210 **10.50** Simon Cowell: Real Stories 11.55 Frock Me (R) 12.25pm The Hollvoaks Music Show 12.55 Smallville 1.55 LIVE Channel 4 Racing from Doncaster and Musselburgh 3.55 Come Dine with Me (R) 6.30 News

6.00am Sunrise 7.00 Milkshake! 10.00 Animal Rescue Squad (R) 10.15 Fifth Gear (R) 10.45 Britain's Greatest Machines with Chris Barrie (R) 11.45 Tutankhamun: The Mystery Revealed (R) 12.45pm [LM] Last of the Dogmen: Western starring Tom Berenger and Barbara Hershev. 3.00 The Cannonball Run: Action comedy starring Burt Reynolds and Dom DeLuise. 4.50 FILM The Missing: Western starring Tommy Lee Jones and Cate Blanchett.

7.30 The National Lottery: In It to Win It 2012

Quiz show with Dale Winton, Come back in about half an hour for the draw

8.20 Casualty Pill-popping nonsense.

9.10 Victoria Wood's **Short Term Memories** Skits, songs and sketches.

10.00 Michael McIntyre's **Comedy Roadshow**

Top stand-up laughs from Patrick Kielty, Neil Delamere and Jeff Green. (R)

10.45 BBC News, Weather 11.05 Legally Blonde

FILM Comedy starring Reese Witherspoon.

1.05 Friday Night with Jonathan Ross

(R) 2.10-6.00am BBC News

12.35am **Derby Day Highlights**

SPORT Action from the Derby day dobbin-dashing at Epsom.

7.25 Little Ships

The boats that rescued thousands of Allied troops from Dunkirk in 1940. (R)

8.25 Dunkirk: The Soldiers' Story Interviews with survivors. (R)

9.15 Have I Got a **Bit More News for You**

Comic John Bishop guests to poke more fun at recent headlines.

10.00 I'm in a **Rock 'n' Roll Band! Live** MUST-SEE Air guitars at the ready – members of

the ultimate fantasy band are chosen...

11.45 Somers Town

PREMIERE This is England director Shane

Meadows' comedy drama about a runaway and a Polish boy who hang out

together around London's King's Cross.

1.05am FLM A Room for Romeo Brass: Comedy drama starring Andrew Shim and Ben Marshall. 2.30-3.50am Bon Jovi: When We Were Beautiful (R)

7.30 Britain's Got Talent -The Final

MUST-SEE The ten finalists perform, with the winner given a slot at the Royal Variety Performance. Big deal. Oh, they get 100 grand as well? That's more like it!

10.00 Batman Begins

The film that got the Batman franchise back on track, with Christian Bale taking the lead as the origins of the comic-book hero are traced. Brilliant, unlike ITV1's insistence on sticking the news on in the middle of it.

11.30 ITV News, Weather

11.45 Batman Begins

The final part of the dark comic-book thriller.

12.50am The Zone

Shopping and interactive gaming, with inevitable over-excited presenters.

2.50 FLM Jesus Christ Superstar: Musical starring Ted Neeley and Carl Anderson. 4.40-5.30am ITV Nightscreen

7.00 The Lord of the Rings: The Return of the King

The last part of Peter Jackson's ace fantasy adventure starring Elijah Wood, As hobbits Frodo and Sam get to the end of their journey into the dark lands of Mordor to destroy the One Ring, Sauron unleashes the full might of his armies on Middle-earth. The swine!

10.40 A Man Apart

A government agent is forced to turn to an imprisoned drugs lord for help in catching the new cartel boss who has taken his place. Vin Diesel stars, along with Timothy Olyphant out of decent new Five USA show Justified.

12.45am Black Christmas

The festive celebrations in a college sorority house are brought to an abrupt end by a murderous intruder. Well, it was either that or someone would have remembered it's actually June. It's the original by the way, not the remake from a few years back.

2.40 My Daughter Grew Another Head... 3.35 What About Brian 4.15 A Ninja Is For Life, Not Just Christmas 4.20 Demolition Day 5.15-6.00am Countdown

7.10 Five News

7.15 Cricket on Five

SPORT Ball-clattering with the second day of the last Test between England and Bangladesh.

8.00 NCIS

The team launch a manhunt when a terrorist threatens to unleash a chemical attack. Get a move on! (R)

9.00 CSI: Miami

A celebrity is found dead. (R)

10.00 CSI: NY

Mac witnesses strange goings-on while recuperating from an injury at home. Never off duty, Mac.

11.00 Law & Order

A banking associate is found murdered.

11.55 Cops in Crisis More police in peril. (R)

12.15am SuperCasino

Live interactive gaming.

4.05 Wildlife SOS 4.55 The Family Recipe 5.00 Hana's Helpline 5.10 The Milkshake! Show 5.35 Thomas & Friends 5.45-6.00am Roary the Racing Car

BBC2 WALES: 11.45pm SPORT Golf: The Wales Open **12.25am** Frank Skinner's Opinionated 12.55am Wild: Bat Women of Panama STV: 10.00pm Hum Hannibal Rising: Thriller prequel starring Gaspard Ulliel. 12.30am Roulette Nation

1.00 Touching Evil 2.00-5.30am The Nightshift ULSTER: 12.50am American Graffiti: Nostalgic comedy drama starring Richard Dreyfuss.

TODAY'S SPORT

sky SPORTS 1

6.00am Aerobics

6.30 Premier League World: Including a round-up of the latest news. **7.00** Cricket (HD)

9.00 Cricket AM: A light-hearted look at the world of bat-swinging. 10.30 LIVE Cricket: The second day of the final Test between England and

Bangladesh at Old Trafford. (HD) 7.00pm Live Darts: Miniature spearflinging with the fifth round of the UK Open at the Reebok in Bolton. (HD)

11.00 Cricket: Ball-hitting highlights from England vs Bangladesh. (HD)

1.00am World Sport

1.30 LIVE Motor Racing: The seventh round of the Indy Car Series with the Firestone 550 in Fort Worth, Texas.

4.00 World Sport

4.30 NFL: Total Access 5.30-6.00am IEX Magazine

sky SPORTS 2

6.00am FIFA Futbol Mundial 6.30 Darts (HD)

10.30 LIVE Rugby Union: Australia vs Fiji the Canberra Stadium, kick-off 10.30am. 12.30pm Sailing

1.00 LIVE Darts: The UK Open from the Reebok Stadium in Bolton. (HD) 5.00 Sailing

5.30 Sailing

6.00 LIVE Rugby Union: The Junior World Championship Pool B match between France and Ireland, kick-off 6pm. 8.00 LIVE Rugby Union: More egg

chasing in the junior World Championship, this time between Argentina and England, kick-off 8pm. 10.00 WE Rugby Union: USA vs Russia, in

the Churchill Cup, kick-off 10.30pm. 12.30am Rugby Union 2.30 Speedway 5.30-6.00am World Sport

FILM4 (315)

6.40pm CutThroat Island: Adventure

starring Geena Davis. **9.00** Tenacious D in The Pick of Destiny: Musical comedy starring Jack Black. 10.50 Wolf Creek: Horror thriller starring Cassandra Magrath. 12.45 Hallam Foe: Drama. 2.35-2.45am Another Year: Cannes 2010 Special

COMEDY CENTRAL (126)

7.00pm The King of Queens 8.00 Scrubs 9.00 Two and a Half Men 10.00 Jeff Dunham: Spark of Insanity 11.45 Jerry Maguire: Romantic comedy drama starring Tom Cruise. 2.25am Dirty



6.15pm FIFA World Cup Official Film: 1982 **8.15** FIFA

World Cup Official Film: 1986 10.00 FIFA World Cup Official Film: 1990 12.00m't Australian Rules Football 2.30am Barca TV 4.30-5.00am This Week in Baseball

Sexy Funny: Olivia Lee 2.55 South Park 3.55 Scrubs 4.20 Everybody Loves Raymond 5.10-6.00am Frasier

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

BBC3 (115)

7.00pm SPORT World Cup's Most Shocking Moments 7.30 Doctor Who Confidential 8.15 FLM Shanghai Knights: Action comedy starring Jackie Chan and Owen Wilson. 10.05 Family Guy 10.50 American Dad! 11.35 FLM Kidulthood: British urban drama starring Aml Ameen. 1.00am Pulse 1.55 Wags, Kids and World Cup Dreams 2.55 Blood, Sweat and Luxuries 4.55-5.20am SPORT World Cup's Most Shocking Moments

E4 (136)

6.55pm Friends 7.30 The Big Bang Theory 8.00 How I Met Your Mother 8.30 Friends 10.00 FILM Jeepers Creepers 2: Horror thriller sequel starring Jonathan Breck. 12.05am ELM Bulletproof Monk:

Action adventure starring Chow Yun-Fat. 2.05 Wife Swap USA 3.00 Style Her Famous 3.20-6.00am Hollyoaks

DAVE (111)

7.00pm James May's 20th Century 7.40 Jeremy Clarkson Meets the Neighbours: Jeremy visits France. 8.20 I'm Alan Partridge 9.00 Mock the Week 2.20-3.00am Rob Brydon's Annually Retentive

MTV ONE (350)

7.00pm 16 and Pregnant 9.00 The Official UK Top 20 11.00 World Stage 12.00m't iTunes Festival 2009: Oasis 1.00am iTunes 2009 Live: Mika 2.00 Beyonce's Official Top 20 4.00-6.00am The Official Urban Top 20

VIRGIN 1 (121)

7.00pm Most Shocking 8.00 The Naked Office 9.00 Rocky III: Boxing drama sequel starring Sylvester Stallone.

5 JUNE SATURDAY

FULL 7 DAY TV

6.00am Brainiac: Science Abuse (R)(HD) 7.00 Lion Man: Double bill. (R) 8.00 Oops TV (R) 9.00 SPORT Football's Next Star (R)(HD) 10.00 Road Wars (R) 11.00 Oops TV (R) 12.00noon Futurama (R) 1.00pm Malcolm in the Middle (R)(HD) 2.00 Terry Pratchett's Going Postal (R) (HD) 4.00 The Real A&E (R)(HD) 5.00 The Simpsons (R) 6.00 Futurama (R)

7.00 The Simpsons

Mayor Quimby brings election day forward, making Springfield's the first primary election in the country. (R)

7.30 The Simpsons

Bart joins forces with Donny, a new pupil at Springfield Elementary. (R)

8.00 Oops TV

JLC narrates as members of the public get into all kinds of "hilarious" scrapes. (R)

9.00 **Die Hard 2**

FILM Needs no introduction – just watch it. (HD)

11.20 Classic Albums

The making of U2's The Joshua Tree. (R)

12.30am Fringe

Walter and Olivia travel to the parallel universe. The big show-offs. (R)(HD)

1.25 Road Wars 2.15 Inside: Miami Vice 3.05 Oops TV 3.30 Street Wars 4.20 Journeyman (HD) 5.10-6.00am Are You Smarter Than a 10 Year Old? (HD)

11.00 Sexcetera 12.00m't Roulette Nation: Gambling action. 3.00am Ninja Warrior 4.00-5.00am Chubby Children

SYFY (129)

7.00pm Knight Rider 8.00 V (2010) 9.00 PREMIERE Universal Soldiers: Action thriller. 10.40 30,000 Leagues Under the Sea: Underwater thriller. 12.20am Sanctuary 2.20 3rd Rock from the Sun 3.00 Mysterious Ways 4.00-6.00am Dangerous Waters: Shark Attack: Adventure thriller.

FX (164)

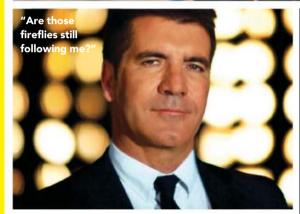
7.00pm King of the Hill 8.00 American Dad! 9.00 Family Guy 10.00 Robot Chicken 10.30 Family Guy: Double-bill. 11.30 Titan Maximum 12.00m't Family Guy 12.30am American Dad! 1.00 The Venture Brothers 1.30 Family Guy: Peter gets stranded. 2.30 The Border 3.30-4.05am Eastbound and Down



Alice In Wonderland

Sky Box Office/HD, from 6am

FILM If it's another dark
Tim Burton/Johnny Depp flick you're after, this is for you! You know the story young girl falls down a rabbit hole and has a mad, possibly drug-fuelled adventure with talking bunnies, potions that make her shrink to the size of a chipmunk, and a nutcase in a hat (Depp, left). What gives this film its edge is Burton's trademark oddball style - we don't know what he puts in his tea but we want some! ★★★★



Britain's Got Talent-Final

ITV1, 7.30pm

The mad talent show comes to an end REALITY as the finalists take to the stage for the final time to try to win £100k and a slot at the Royal Variety Performance. Your missus will care! ★★★★



UFC: The Ultimate Fighter

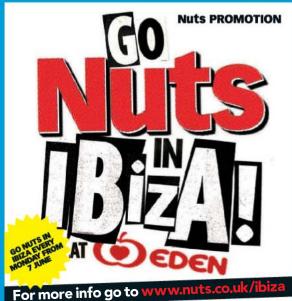
Five USA, Midnight

If you're gonna smash people's faces in, you may as well get paid for it! Coached by Chuck Liddell (above) and Tito Ortiz, fighters battle it out to win a contract with the UFC. ***



I'm In A Rock 'N' Roll Band! Live BBC2, 10pm

After weeks of debating what make a top band, this live edition sees viewers vote on their ultimate fantasy band. Ace! $\star\star\star\star$



6.00am Breakfast 9.00 The Andrew Marr Show 10.00 The Big Questions 11.00 Country Tracks 12.00noon The Politics Show **1.00pm** EastEnders **3.20** Junior Apprentice (R) 4.20 Points of View 4.40 Songs of Praise 5.15 BBC News, Regional News, Weather **5.30** Priceless Antiques Roadshow (R) 6.00 Halcyon River Diaries

6.00am CBeebies 7.00 CBBC 10.00 Something for the Weekend 11.30 Great British Menu (R) 12.30pm WE MotoGP: The Italian Grand Prix. 2.00 LIVE French Open Tennis: The men's singles final at Roland Garros in Paris. 5.55 Earth: The Power of the Planet (R) 6.55 Richard Hammond's Engineering Connections

5.30am ITV News 6.00 GMTV 9.25 Coronation Street 11.55 News, Weather 12.00noon This Morning: Sunday 1.00pm [IIII] Columbo: Death Hits the Jackpot: Murder mystery starring Peter Falk. 3.00 Britain's Got Talent - The Final (R) 5.30 Regional News, Weather 5.45 ITV News 6.00 MUST-SEE Soccer Aid 2010: Ex-pros take on celebs in this charity match.

6.00am The Treacle People (R) 6.10 The Hoobs (R) 7.00 SPORT The Grid 7.30 SPORT British Formula 3 International Series 8.00 SPORT Freesports on 4 8.55 T4: The Hills (R) 9.25 Friends (R) 9.55 Hollyoaks 12.25pm Friends (R) 1.00 Glee (R) 2.00 World Music Awards (R) 3.35 The Simpsons (R) 4.40 Deal or No Deal 5.25 NEW Scrapheap Challenge 6.30 News

6.00am Sunrise 7.00 Milkshake! 10.00 Shake! 11.10 Family Food Fight (R) 11.40 Brits Who Made the Modern World (R) 12.10pm Warplane: The Bomber (R) 1.10 D-Day: The Ultimate Conflict (R) 3.15 FILM Guarding Tess: Comedy starring Shirley MacLaine and Nicolas Cage. **5.05** The Goonies: Children's adventure starring Sean Astin and Corey Feldman.

7.10 Five News

7.15 Cricket on Five

SPORT All the highlights of day three of the second

Who needs Russell Crowe when Kevin Costner smashed

it out of the park as Robin Hood in this ace

FILM Daft action drama starring Eric Roberts and Chris Penn as

a pair of kick-boxers training to compete

action caper? Credit is also due to Alan

Rickman as the sneering baddie!

10.45 Best of the Best

against a ruthless Korean team.

12.40am SuperCasino

Live interactive gambling show.

and final Test between England and

Bangladesh from Old Trafford.

8.00 Robin Hood:

Prince of Thieves

7.00 Countryfile

Wellington-based washout.

8.00 Bafta TV Awards 2010

Graham Norton hands out the gongs as the best of British telly gets a well-earned pat on the back. Kenneth Branagh, Helena Bonham Carter and Brendan Gleeson are among the big names expected to go home as winners.

10.00 BBC News, Weather 10.25 A Good Woman

FILM Comedy drama starring Helen Hunt and Scarlett Johansson. Worth watching, if only for her.

11.55 The Sky at Night Stargazing antics with Patrick Moore.

12.20am Sign Zone: **Little Ships**

Boats, in other words. (R)

7.45 Top Gear

The trio go on a road trip around Vietnam! The lucky blighters. (R)

9.00 An African Journey with Jonathan Dimbleby

The broadcaster takes a punt through east Africa's Rift Valley to discover how the continent is changing.

10.00 Michael Clayton

PREMIERE Cracking legal thriller starring George

Clooney as a fixer for a large law firm, who puts his life in danger when he has a change of heart on his latest job.

11.55 Confessions of a Dangerous Mind

FILM It's a Clooney double bill! This time George stars and directs in this offbeat drama based on the autobiography of TV game-show producer Chuck Barris, who claimed to have moonlighted as an assassin for the CIA.

10.00 Piers Morgan's **World Cup South Africa**

SPORT The Britain's Got Talent judge travels to South Africa in the run-up to the World Cup to explore the country's passion for football. There's not long to go now!

11.00 ITV News, Weather

FILM Nerve-shredding thriller inspired by true events, as

12.50am The Zone

11.15 Open Water

a pair of scuba divers end up stranded in the shark-infested ocean when their boat inadvertently leaves without them. D'oh!

Shopping and interactive gaming.

Documentary. 3.10 What About Brian 3.50 Win My Wage (R) 4.35 Countdown (R) 5.20-6.10am Hill Street Blues (R)

7.00 Cameron's Black Tory

Political gubbins about ethnic minority candidates in the Tory party.

7.55 One Fine Day

Rom-com starring Michelle
Pfeiffer and George Clooney as two divorced parents who are thrown together by chance. Yuck.

10.00 Big Brother Exposed: The Inside Story

An insider's view of the madhouse, featuring interviews with producers, former housemates and presenters.

11.05 8 Out of 10 Cats

Mad actor Stephen Baldwin is on the panel. He crazy! (R)

11.40 Kung Fu Hustle

Madcap martial arts action comedy starring Stephen Chow as a small-time crook who inadvertently triggers a showdown between a fearsome Shanghai gang and the residents of a run-down tenement. It isn't long before all hell breaks loose in an orgy of chop-socky mayhem!

1.35am FILM The Kid Stays in the Picture: 4.05 Wildlife SOS 4.55 The Family Recipe 5.00 Hana's Helpline 5.10 The Milkshake! Show 5.35 Thomas & Friends 5.45-6.00am Roary the Racing Car

1.20 Holby City (R) 2.20 Inside John Lewis (R) 3.20 Modern Masters (R) 4.20-6.00am BBC News

1.40am BBC News 4.20-5.20am SPORT The Super League Show: Egg-hurling.

2.30 SPORT Motorsport UK 3.20-5.30am ITV Nightscreen

Steve Scott: Mystery 2.00am The Nightshift

BBC1 SCOTLAND: 10.25pm Modern Masters 11.25 A Good Woman 12.55am The Sky at Night BBC1 NORTHERN IRELAND: 10.25pm The Politics Show 10.45pm FILM A Good Woman BBC1 WALES: 10.25pm Modern Masters 11.25 FILM

A Good Woman 12.55am The Sky at Night BBC2 WALES: 10.00pm Earth: The Power of the Planet 11.00 SPORT Golf: The Wales Open 11.40pm Coast STV: 11.15pm The South Bank Show Revisited 12.15am Roulette Nation 1.00 Nightwatch with

ULSTER: 11.15pm Brain Box 1.15am ELLI The Jerk: Comedy starring Steve Martin.

TODAY'S SPORT

6.00am Aerobics 6.30 FIFA Futbol Mundial

7.00 Cricket (HD)

9.00 Cricket Writers on TV

10.30 Cricket: England face Bangladesh on day three of the second and final Test, held at Old Trafford. Put them away, chaps! (HD)

7.00pm MUST-SEE Darts: Arrow-flinging action from the final day of the UK Open at the Reebok Stadium in Bolton, featuring the semi-finals and final. Brilliant! (HD)

11.00 Cricket: Action from the third day of the second Test between England and Bangladesh at Old Trafford. (HD)

1.00am Rugby League: Harlequins vs Crusaders at the Stoop. (HD)

2.30 IEX Magazine

3.00 Cricket (HD)

5.00 Wild Spirits

5.30-6.00am IEX Magazine

sky SPORTS 1 sky SPORTS 2

6.00am Darts (HD)

10.00 International Rugby Union

12.00noon IEX Magazine

12.30pm Louis Vuitton Series Sailing 1.00 WE Darts: The final day of the UK Open gets under way at the Reebok Stadium in Bolton, as the eight remaining players compete in the quarter-finals. (HD) **5.00** Sailing

5.30 WE Rugby League: Another round of egg-juggling, skull-crushing action as Harlequins take on Crusaders at the Stoop, kick-off 5.45pm. (HD)

8.00 Cricket (HD)

10.00 Rugby League: Action from the Super League match between Harlequins and Crusaders from earlier on. (HD) 11.30 Motorsport: Tyre-shredding antics

at the Firestone 550 in Texas. 1.30am IEX Magazine 2.00-2.30am Wild Spirits

FILM4 (315)

6.50pm Crocodile Dundee II: Comedy adventure sequel starring Paul Hogan. 9.00 What's Love Got to Do with It: Musical biopic starring Angela Bassett and Laurence Fishburne. 11.15 Solaris: Sci-fi drama starring George Clooney. 1.05 Little Red Flowers: Comedy drama starring Bowen Dong. 2.50-3.00am Another Year: Cannes 2010 Special

COMEDY CENTRAL (126)

6.15pm Mannequin: Comedy starring Andrew McCarthy and Kim Cattrall. 8.00 Two and a Half Men 9.00



6.15pm FIFA World Cup Official Film: 1998 **8.00** FIFA

World Cup Official Film: 2002 10.30 Australian Rules Football 1.00am Press Pass 2010 1.30-5.00am WE NBA Basketball: A top play-off encounter.

Jerry Maguire: Romantic comedy drama starring Tom Cruise. 11.40 30 Rock 12.40am South Park 1.40 Dirty Sexy Funny: Olivia Lee 2.10 Samantha Who? 2.40 Two and a Half Men 3.40 Frasier: Analysing the Laughter 4.20 Everybody Loves Raymond 5.10-6.00am Frasier

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

BBC3 (115)

7.00pm Doctor Who 7.50 Doctor Who Confidential 8.00 Don't Tell the Bride 9.00 Wags, Kids and World Cup Dreams pops up as House! 10.45 La La Land: Shirley seeks an exorcism. 11.15 Don't Tell the Bride 12.15am Bizarre ER 12.45 Wags, Kids and World Cup Dreams 1.45 Blood, Sweat and Luxuries 3.40 Bizarre ER 4.10-5.15am Snog, Marry, Avoid?

6.30pm Scrubs 7.25 Friends 9.00 Desperate Housewives 11.00 Samantha

Who? 11.25 Wife Swap USA 2.10am Sarah Silverman: Jesus Is Magic: The comedienne performs her stand-up routine in front of an audience in LA. 3.05 Samantha Who? 3.25-6.00am Hollyoaks

DAVE (111)

7.00pm Jeremy Clarkson Meets the Neighbours 7.40 Speed 8.20 Ray Mears' World of Survival: An Innu hunting camp in northern Canada. 9.00 Have I Got News for You 1.00am Never Mind the Buzzcocks 1.40 Game On 2.20-3.00am The League of Gentlemen

MTV ONE (350)

7.00pm The Secret Life of the American Teenager 8.00 16 and Pregnant 9.00 The Hills 9.30 The City 10.00 Blue Mountain State 10.30 The Osbournes 11.30 South Park 12.30am Jersey Shore 1.00 Blue Mountain State 2.00 20 Greatest Celeb Reality Fights 3.00-6.00am Teen Cribs

6 JUNE SUNDAY

FULL 7 DAY TV



6.00am Hour of Power (HD) 7.00 Malcolm in the Middle (R)(HD) 8.00 Oops TV (R) 9.00 Road Wars (R) 10.00 SPORT WWE Superstars (R) 11.00 SPORT WWE: Experience (R) 12.00noon Futurama (R) **1.00pm** Oops TV (R) **2.00** Terry Pratchett's Going Postal (R)(HD) 4.00 Modern Family (R)(HD) 5.00 Futurama (R) 6.00 The Simpsons (R)

7.00 Pineapple Dance Studios: Best Of - Volume Three

"Highlights" of the camp flounce-off. (HD)

8.00 The Simpsons

Homer's unattended gym bag leads to a terrorism scare, prompting Springfield to turn to us Brits for help! (R)(HD)

8.30 The Simpsons

A top-notch 24 spoof – the perfect way to build up to tonight's finale! (R)

MUST-SEE And so, the end is near - thankfully, though, there are still a few more baddies left for Jack to knock about! (HD)

MUST-SEE It's the last one ever! Hankies at the ready, this could get a bit emotional... (HD)

11.00 Die Hard 2

Kiefer not satisfied your need for kick-ass coppers? Why not try Bruce on for size then? (HD)

1.20am Road Wars 2.10 Inside: Supermax 3.00 Oops TV 3.30 Street Wars 4.20 Journeyman 5.10-6.00am Are You Smarter Than a 10 Year Old?

VIRGIN 1 (121)

7.00pm Home Video Heroes: "Funny" moments. 8.00 Verminators 9.00 The Naked Office 10.00 Most Shocking 11.00 Sexcetera 12.00m't Roulette Nation 3.00am Ninja Warrior 4.00-5.00am Chubby Children

SYFY (129)

6.00pm Legend of the Seeker 8.00 Human Target 9.00 FILM The Grudge 3: Supernatural thriller sequel starring Shawnee Smith. 10.50 [IIIII] Universal Soldiers: Action thriller. 12.30am Sanctuary 2.30 3rd Rock from the Sun: Comedy. 3.00 Mysterious Ways 4.00-6.00am FILM Ba'al: The Storm God

FX (164)

6.00pm Burn Notice: Double-bill. 8.00 NCIS 10.00 Brotherhood 11.10 Life 12.10am Family Guy 1.10 Dexter 2.20 ReGenesis 3.20-4.20am Third Watch

TODAY'S MUST



24 Sky1/HD, 9pm DRAMA So, after 196 hours of terrorist-bashing action, poor Jack Bauer can finally hang up his boots and eniov a bit of peace (er, providing he's not blown to bits!). That's right, 24 is finally finishing, but there's still plenty to be taken care of before the great man can call it a day, with a corking double-bill to cap things off. As President Taylor sticks by the peace treaty, Jack takes matters into his own hands for a final revenge mission. Strap

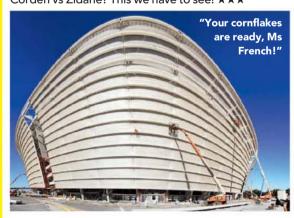
yourselves in, it promises to be

an explosive finale! ★★★★



Soccer Aid 2010 ITV1, 6pm

SPORT Celebs including Gordon Ramsay, Ricky
Hatton and James Corden take on former footy pros, including French wizard Zinedine Zidane, for charity in a game at Old Trafford. Hmm, Corden vs Zidane? This we have to see! ★★★



Megastructures

National Geographic, 8pm

If, like us, you're finding the wait for the World Cup a drag, whet your appetite with two special editions of the big buildings series that look at the construction of the stadiums. $\star\star\star$



Live Darts Sky Sports1/HD, 7pm

SPORT It's the concluding day of the UK Open from the Reebok in Bolton, and if it's followed the patterns of previous years, there could be a few shocks in store tonight as the qualifiers fight for a place in the final stages. $\star\star\star\star\star$



Family Guy BBC3, 10pm
A double-bill of The Greatest Show COMEDY A double-bill of the Ever sees Peter forced to relearn everything he has ever known after injuring himself before Hugh Laurie turns up as sarcastic Dr House to coax Mr Pewterschmidt out of a coma. ****

6.00am Breakfast 9.15 NEW Crimewatch Roadshow 10.00 Put Your Money Where Your Mouth Is **11.00** Cowboy Trap (R) 11.45 Cash in the Attic 12.15pm Bargain Hunt (R) 1.00 BBC News, Weather 1.30 Regional News, Weather **1.45** Doctors 2.15 Murder, She Wrote (R) 3.00 BBC News, Weather, Regional News 3.05 CBeebies 3.30 CBBC 5.15 Weakest Link: Back-stabbing quiz. 6.00 BBC News. Weather **6.30** Regional News, Weather

6.00am CBeebies 7.00 CBBC 8.30 CBeebies 11.10 The Flintstones: Double bill. (R) 12.00noon Daily Politics 12.30pm Working Lunch 1.00 LIVE Tennis from Queen's: The AEGON Championships in London. 5.15 Escape to the Country (R) 6.00 Eggheads 6.30 Great British Railway Journeys (R)

5.30am ITV News 6.00 GMTV 9.25 The Jeremy Kyle Show 10.30 This Morning 12.30pm Loose Women 1.30 ITV News 1.55 Regional News, Weather 2.00 60 Minute Makeover 3.00 Dickinson's Real Deal 4.00 Agatha Christie's Poirot (R) 5.00 The Chase 6.00 Regional News, Weather 6.30 ITV News

6.10am The Hoobs (R) 7.00 Everybody Loves Raymond (R) 7.50 Frasier (R) 8.45 The 5 O'Clock Show with Peter Andre (R) 9.50 Deal or No Deal (R) 10.35 Will & Grace (R) 11.05 Friends (R) 12.00noon Channel 4 News Summary 12.05pm SPORT Kicking Ahead: The Power of Sport **12.10** The Kitchen Pharmacy (R) **12.20** Beau Brummell: Drama. 2.25 Coach Trip (R) 2.55 NEW Cook Yourself Thin 3.25 Countdown 4.10 Deal or No Deal 5.00 The 5 O'Clock Show with Peter Andre 6.00 The Simpsons (R) 6.30 Hollyoaks

6.00am Milkshake! 9.15 The Wright Stuff 10.45 Trisha Goddard (R) 11.45 CSI: Crime Scene Investigation (R) 12.40pm Five News 12.45 Vets in Action (R) 1.45 Neighbours 2.15 Home and Away 2.50 I Own Britain's Best Home: Flying Visit (R) 3.05 FILM Victor: Sporting biopic starring Mark Lutz and Ron Lea. 5.00 Five News, Weather 5.30 Neighbours (R) 6.00 Home and Away (R) 6.25 Live from Studio Five

7.00 The One Show

7.30 Jimmy's Food Factory

Jimmy Doherty tells us exactly what we've been shoving in our gobs. (R)

8.00 EastEnders

A social worker comes looking for Phil. About time, isn't it?

8.30 Panorama

A look at the debt landed on Man United by the Glazer family. Green and gold scarves at the ready.

9.00 For Queen and Country 10.00 BBC News, Weather

10.35 The Graham **Norton Show**

Miley Cyrus and Usher are the guests.

11.20 Inside Sport: South **Africa In Black And White**

SPORT Exploring the role of sport in South Africa.

11.50 The Best of Times

FILM So-so comedy with Robin Williams as a small-town loser

obsessed with replaying a high-school football game he messed up.

1.35am Sign Zone: Luther (R) 2.35 Lost: The Mystery of Flight 447 (R) 3.35 Great British Menu (R) 4.35-6.00am BBC News

7.00 Tammy Wynette: 'Til I Can Make It On My Own

Profile of the country warbler. (R)

8.00 Springwatch 2010

Kate Humble and Chris Packham drone on about the great outdoors.

9.00 Mary, Queen of Shops

NEW Retail-based wittering. Not for us, thanks.

10.00 Have I Got News for You John Bishop quests. (R)

10.30 Newsnight

11.20 **Dunkirk**: The Soldiers' Story

Survivors of the British Expeditionary Force recall their reaction to the German Army's blitzkrieg on 10 May, 1940, which saw Holland and Belgium overrun. (R)

12.10am When Romeo **Met Juliet**

More schoolboy Shakespeare. (R)

1.10-4.35am BBC News

7.00 Emmerdale

Hmm, from the look of ITV1's line-up, you might be better off with a little doze

7.30 Coronation Street Or a big one. Zzzzzzzzzz.

8.00 Countrywise

Huh, wha... oh it's still rubbish. Zzzzzz.

8.30 Coronation Street Gah, we had the worst nightmare! We were stuck in front of a godawful Manchester-based soap and then... oh.

9.00 Father & Son

NEW Gritty drama exploring the gun culture present in modern-day inner-city life.

10.00 ITV News

10.35 Van Helsing

FILM Daft fantasy romp pitting vampire-slayer Hugh Jackman against Dracula, Frankenstein's Monster and various other beasties. Fun!

12.50am The Zone

Shopping and interactive gaming.

3.50-5.30am ITV Nightscreen

2.55 The Jeremy Kyle Show: Talk show. (R) 1.45 FILM Sleep My Love 3.20 Coming Up: Foreign John (R) 3.45 What About Brian 4.25 Win My Wage (R) 5.10-6.05am Wreck Detectives (R)

> SCOTLAND: 7.00pm The Genius of Design 11.00pm Newsnight Scotland, Weather BBC2

7.00 News

8.00 Dispatches: **Undercover Social Worker**

Grim doc about child cruelty.

9.00 Cloverfield

PREMIERE Missing your regular fix of Lost bonkersness? Then give this a try, if you've not watched it yet - it's from the same team. Five New Yorkers film the carnage as a giant monster attacks the city.

10.35 Predator 2

Crash-bang-wallop sequel starring Danny Glover as a cop facing a ferocious alien in 1997 LA.

12.40am Poker

SPORT A charity poker tournament from the Bahamas. Want to see Slash take money off Nelly? You've come to the right place!

7.15 Cricket on Five

SPORT Leather-lashing action from the fourth day of the second Test between England and Bangladesh at Old Trafford.

8.00 Police Interceptors

NEW High-speed cops and robbers.

9.00 David Jason: The Show Must Go On!

Del Boy lends a hand to an amateur dramatics group to learn a one-act comedy in just three weeks, and then perform it in a West End theatre

10.00 The Simon Cowell Factor

Documentary exploring the career of the high-trousered pop mogul.

11.00 Justin Lee Collins: **Good Times**

I'm a Celebrity winner Joe Swash and former Strictly Come Dancing judge Arlene Phillips join Justin on the sofa. Some real A-list guests there then.

12.00m't America's **Toughest Prisons**

For God's sake, don't drop the soap! (R)

1.00am SPORT SuperCasino 4.05 Wildlife SOS (R) 4.55 Rough Guide to Beaches (R) 5.10 Neighbours (R) 5.35-6.00am Home and Away (R)

BBC1 SCOTLAND: 9.00pm Holby City BBC1 NORTHERN IRELAND: 10.35pm Life Matters 11.35 The Graham Norton Show 12.20am SPORT Inside Sport: South Africa in Black and White 12.50 The Sky at Night 1.10am BBC News BBC1 WALES:

7.30pm X-Ray 10.35 Tom Jones at 70 11.10 The Graham Norton Show 11.55 SPORT Inside Sport: South Africa in Black and White 12.25am FILM The Best of Times: Comedy drama starring Robin Williams. 2.05am Sign Zone: Panorama BBC2

NORTHERN IRELAND: 10.00pm Imeall Geal 11.20 Cad É an Scéal 11.25 Áit is Ansa 11.30 History Cold Case 12.30am When Romeo Met Juliet 1.30-

4.35am BBC News STV: 10.35pm The Lakes 11.05 Ulaidhean 11.40 Anam 's Inntinn 12.15am Roulette Nation 1.00 The Jeremy Kyle Show 2.00-5.30am The Nightshift ULSTER: 10.30pm UTV Live Tonight 11.10 The Lakes 11.40pm Brain Box ITV1 WALES:

TODAY'S SPORT

sky SPORTS 1

6.00am Good Morning Sports Fans 9.00 Rugby League: Leeds Rhinos vs Wakefield Trinity Wildcats. (HD)

10.30 LIVE Cricket: Day four of England's second Test tussle with Bangladesh, live from Old Trafford. (HD)

7.00pm FIFA Futbol Mundial

7.30 LIVE Speedway: High-speed bikeskidding action with the Elite League meeting between Wolverhampton Wolves and Peterborough Panthers. (HD)

9.30 Time of Our Lives 10.30 Rugby Union (HD)

11.00 Cricket: The fourth day of the Test between England and Bangladesh. (HD)

1.00am Soccer AM: The Best Bits

2.00 FIFA Futbol Mundial

2.30 Sports Unlimited

3.30 Watersports World

4.30 Max Power

5.30-6.00am FIFA Futbol Mundial

sky SPORTS 2

6.00am Aerobics

6.30 Ocean Ride **7.00** Cricket (HD)

9.00 Golf (HD)

3.00pm Golf (HD) **4.30** Rugby League: Harlequins vs Crusaders from the Stoop. (HD)

6.00 Ocean Ride

6.30 Sailing 7.00 Motorsport (HD)

8.00 Cricket: The penultimate day of the second and final Test between England and Bangladesh at Old Trafford. (HD)

10.00 Motorsport (HD)

11.00 Boots 'n' All

12.00m't Sailing

12.30am Golf (HD) 1.30 Golf (HD)

2.30 Wonderful World of Golf

4.00 PGA Tour Classic 5.00-6.00am Boots 'n' All

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT FILM4 (315)

12.05am Two and a Half Men 1.05 South 6.50pm Eye of the Needle: World War Park: An anti-smoking campaign goes Two thriller starring Donald Sutherland. terribly wrong. 2.05 Scrubs 3.05 9.00 Run Fatboy Run: Comedy starring Simon Pegg. 10.55 Raising Arizona: Offbeat crime comedy starring Nicolas

Cage. 12.45-2.55am The Believer: Fact-based drama. 2.45-2.55am Another Year: Cannes 2010 Special

COMEDY CENTRAL (126)

7.00pm The King of Queens 8.00 Scrubs 9.00 Two and a Half Men 10.00 MUST-SEE Rock: Kenneth's weird childhood is finally revealed! 11.00 Sex and the City



5.30pm FIFA World Cup 8.00 Premier League Football

10.00 NHL 12.00m't Basketball 12.30am Press Pass 1.00 DTM 2.30 Cricket 3.00 NBA 3.30 Basketball 4.00 Press Pass 4.30-5.30am The Ultimate Fighter

Samantha Who? 3.35 Two and a Half Men 4.05 Shortcuts Shuffle 4.20 The King of Queens 5.10-6.00am Frasier

7.00pm On the Money with Robert Peston 7.30 Total Wipeout 8.30 The Wags' Stories 9.00 Gavin & Stacey 10.00 EastEnders 10.30 Bizarre ER 11.00 Family Guy 11.45 Gavin & Stacey 12.45am Total Wipeout 1.45 Bizarre ER 2.15 The Wags' Stories 2.45 Blood, Sweat and Luxuries 3.45 On the Money with Robert Peston 4.15-5.15am Wags, Kids and World Cup Dreams

7.00pm Hollyoaks 7.30 My Name Is Earl **7.55** Friends **9.00** Glee **10.00** Gleeful: The Real Show Choirs of America 11.05 Big Brother's Big Awards Show 12.10am My Name Is Earl 12.40 Scrubs 1.30 Gleeful: The Real Show Choirs of America 2.25 Joan of Arcadia 3.50 Everwood 4.35-6.00am Switched

7.00pm Ray Mears' Extreme Survival 8.00 Top Gear 9.00 QI XL 10.00 Would I Lie to You?: With guests Carol Vorderman, Larry Lamb, Jo Brand and Russell Howard. 10.40 That Mitchell and Webb Look 11.20 QI XL 12.20am Would I Lie to You? 1.00 Jeremy Clarkson Meets the Neighbours 1.40 Game On 2.20-3.00am The League of Gentlemen

MTV ONE (350)

7.00pm The Hills 8.00 MTV Movie Awards Pre-Show 9.00 MUST-SEE MTV ards 2010 11.00 The

Osbournes 12.00m't MTV Movie Awards 2.00am Blue Mountain State 3.00 Ride

7 JUNE MONDAY

FULL 7 DAY TV

6.00am The Biggest Loser US (R) 7.00 Brainiac: Science Abuse (R)(HD) 8.00 Oops TV (R) 9.00 Bones (R)(HD) 10.00 Medical Emergency (R) **11.00** Pineapple Dance Studios (R)(HD) 12.00noon Angela and Friends (HD) 1.00pm Bones (R)(HD) 2.00 Project Catwalk (R)(HD) 3.00 Stargate SG-1 (R)(HD) 5.00 Malcolm in the Middle (R)(HD) 5.30 Futurama (R) 6.00 Oops TV (R) 6.30 The Simpsons (R)

7.00 The Simpsons

Homer is jealous when an old classmate is inducted into the Walk of Fame. (R)(HD)

7.30 The Simpsons

Ned comes to the rescue when the family is unable to pay the mortgage. (R)(HD)

8.00 UK Border Force

The team raids a nail bar in Southampton. Nail 'em boys! Sorry! (R)(HD)

9.00 A League of Their Own: **Best Bits**

The best gags from the series. (R)(HD)

10.00 NCIS: Los Angeles

When a terrorist in army custody escapes the NCIS team must track down the suspect before he flees the country. (HD)

11.00 24

President Taylor pushes on with the peace treaty and Jack takes matters into his own hands. Not like him, is it? (R)(HD)

12.00m't 24

Another chance to catch last night's big finale. It's the end of an era. (R)(HD)

1.00am Road Wars 1.50 Oops TV 2.40 24 3.30 Tru Calling 4.20 Celebrity Parents' SOS 4.45 Hello Goodbye 5.10-6.00am Sell Me the Answer

8.00pm The Captain's Climb: Past and present Welsh rugby stars climb Mount Kilimanjaro for charity.

with Funkmaster Flex 4.00 Pimp My Ride 5.00-6.00am Brooke Knows Best

VIRGIN 1 (121)

7.00pm Star Trek: Voyager 8.00 Passport Patrol 9.00 MUST-SEE Chuck rring Vinnie Jones. 10.00 Trauma 11.00 Medium 12.00m't Roulette 3.00am Hellraisers' Handbook 4.00-5.00am Take It or Leave It

7.00pm Smallville 8.00 FILM Meteor Storm 9.50 FILM 100 Million BC 11.30 V 12.30am FLM The Tattooist: Horror. 2.20 3rd Rock from the Sun 3.00 Flash Gordon 4.00-6.00am Angel

FX (164)

7.00pm NCIS 9.00 Family Guy 9.30 American Dad! 10.00 NCIS 11.00 Brotherhood 12.10am NCIS 2.10 Charlie Jade 3.10-4.10am Tour of Duty

TODAY'S MUST-SEE



Chuck Virgin1, 9pm DRAMA

As if having an entire database

of CIA info rammed into his brain wasn't distressing enough, poor old Chuck has woman issues too, as his relationship with Sarah starts getting rocky. There's no time to mope, though, because one of Sarah's mates arrives on the scene with a new mission for our unwilling hero. She might be a bit of a looker, but her fiancé's in tow, and he looks remarkably like Vinnie Jones (largely because he is). Don't go getting any ideas, Chuck, there's a good lad! $\star\star\star\star$



MTV Movie Awards MTV, 9pm

AWARDS It's the annual ceremony celebrating

quintessentially American categories as Best WTF Moment, Aziz Ansari – he's been in Flight Of The Conchords and I Love You, Man - hosts. Fun! ★★★



Aftermath National Geographic, 9pm

Tired of life's mundane inevitabilities? Then feast your eyes on this new series looking at the potential consequences of worst-case scenarios, starting with what would happen if the world suddenly stopped spinning. Blimey! ★★★



30 Rock Comedy Central, 10pm

A double-bill of the magnificently daft sitcom, which sees the truth about Kenneth's weird Southern childhood being revealed, then Michael Sheen guest-stars, as Jack attempts to secure himself a new job. ★★★★



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6.00am Breakfast 9.15 Crimewatch Roadshow 10.00 Put Your Money Where Your Mouth Is **11.00** Cowboy Trap (R) 11.45 Cash in the Attic 12.15pm Bargain Hunt (R) **1.00** BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors **2.15** Murder, She Wrote (R) **3.00** BBC News, Weather, Regional News 3.05 CBeebies 3.30 CBBC 5.15 Weakest Link 6.00 BBC News, Weather 6.30 Regional News Programmes, Weather

6.00am CBeebies 7.00 CBBC 8.30 CBeebies 11.10 The Flintstones (R) 11.35 The Flintstones (R) 12.00noon Daily Politics 12.30pm Working Lunch 1.00 Tennis from Queen's: The AEGON Championships in London, 5.15 Escape to the Country (R) 6.00 Eggheads 6.30 Great British Railway Journeys (R)

5.30am ITV News 6.00 GMTV 9.25 The Jeremy Kyle Show 10.30 This Morning 12.30pm Loose Women 1.30 ITV News 1.55 Regional News, Weather 2.00 60 Minute Makeover **3.00** Dickinson's Real Deal **4.00** Agatha Christie's Poirot (R) **5.00** The Chase: Quiz show. **6.00** Regional News, Weather **6.30** ITV News

6.05am Sali Mali (R) 6.10 The Hoobs (R) 7.00 Everybody Loves Raymond (R) 7.50 Frasier (R) 8.45 The 5 O'Clock Show with Peter Andre (R) 9.45 Deal or No Deal (R) 10.35 Will & Grace (R) 11.00 Friends (R) 12.00noon Channel 4 News Summary 12.05pm SPORT Kicking Ahead: The Power of Sport 12.10 The Herd 12.15 Jamie at Home (R) 12.45 FILM Moonfleet: 2.25 Coach Trip (R) 2.55 Cook Yourself Thin 3.25 Countdown 4.10 Deal or No Deal 5.00 The 5 O'Clock Show with Peter Andre 6.00 The Simpsons (R) 6.30 Hollvoaks

6.00am Milkshake! 9.15 The Wright Stuff 10.45 Trisha Goddard (R) 11.45 CSI: Crime Scene Investigation (R) 12.40pm Five News 12.45 Vets in Action (R) 1.45 Neighbours 2.15 Home and Away 2.50 The Family Recipe (R) 3.00 FILM Though None Go with Me: Romantic drama starring Cheryl Ladd. **5.00** Five News, Weather 5.30 Neighbours (R) 6.00 Home and Away (R) 6.25 Live from Studio Five

7.00 The One Show

7.30 EastEnders

More jellied-eel quaffing.

8.00 Holby City

Connie questions her judgement after Elaine dies. Here's a clue for her: if the patient snuffs it, something has probably gone wrong somewhere.

9.00 Luther

MUST-SEE Uh-oh, there's been another murder and poor old Luther is in the frame! Gulp!

10.00 BBC News, Weather 10.35 Children's Emergency

11.05 The Graham **Norton Show**

Featuring Miley Cyrus and Usher. (R)

11.50 James Dean

FILM Biopic of actor James Dean, following him from his mother's death when he was a child to his spectacular rise to stardom.

1.30am Sign Zone: See Hear (R) 2.00

Junior Apprentice (R) 3.00 Raymond

Blanc: Kitchen Secrets (R) 3.30 Great

7.00 Coast

The team travel down the west of Scotland stopping off in the only place in the UK that Elvis Presley ever visited. What on earth was he thinking? (R)

8.00 Springwatch 2010 9.00 Tribal Wives

NEW Another cocky twentysomething is packed off to a remote tribe to see how the locals live. Like Wife Swap, with less moaning.

10.00 Never Mind the Buzzcocks

Robert Webb and that muppet from N-Dubz are on the panel. (R)

10.30 Newsnight

11.20 Atlantis: The Evidence -**A Timewatch Special**

Exploring the latest evidence regarding the lost continent of Atlantis. (R)

12.20am Revealing **Anne Lister**

1.20-4.30am BBC News

A look at the life of 19th-century Yorkshire landowner Anne Lister, No. ta. (R)

7.00 Emmerdale

Rhona agrees to rent Ryan and Andy's spare room. Thrill-a-minute, eh?

8.00 Who Wants to Be a Millionaire?

More friend-phoning with chuckling Chris Tarrant and his big wad of cash.

9.00 Father & Son

Michael fails to persuade Sean to withdraw his statement.

10.00 ITV News

10.35 October Road

NEW Hannah has to deal with her true feelings for Nick.

11.35 October Road

Nick loses his job. Will Hannah have a bit of a rethink on those "true feelings"?

2.25 The Jeremy Kyle Show: Shouty show.

12.25am The Zone

Shopping and interactive gaming.

(R) 3.20-5.30am ITV Nightscreen

7.00 News

8.00 Gok's Fashion Fix Gok Wan compares designer labels. Does

that sound like your bag? No, ours neither.

9.00 Inside Nature's Giants: **Great White Shark**

NEW Huzzah! It's the return of the show where they hack apart the biggest creatures on the planet to see what's inside. This week it's a shark!

10.00 Big Brother's **Big Awards Show**

Davina McCall hosts a celebration of the past ten series of the reality show. They'd better have a best boobs category...

11.05 The Good Wife Alicia is furious when she discovers why

Peter has taken the family to church.

12.05am Poker

sorry, who are they again?

SPORT A charity poker tournament from the Bahamas, featuring celebs such as Carlos Bernard, Montel Williams and Fatima de Melo. Er,

1.05 SPORT Volleyball 2.00 SPORT F3 2.25

SPORT Boxing 2.55 The Grid 3.20 SPORT

World Sport 4.45 Survival of the Fittest

5.10-6.10am Wreck Detectives (R)

7.15 Cricket on Five

SPORT Highlights of the final day of the second Test between England and Bangladesh at Old Trafford.

8.00 Volcanic Ash: The Ticking Timebomb

The potential consequences of a second Icelandic volcano erupting. A right royal pain in the backside, basically.

9.00 CSI: Crime Scene Investigation

Langston is suspected of being involved in a murder. Oh dear.

10.00 CSI: Miami

A body is found mashed up inside a wood chipper. Lovely. (R)

11.00 CSI: NY(R)

Mac and Danny investigate the death of a man torn apart by tigers at the zoo. Yikes!

12.00m't NCIS

Trent Kort returns in an attempt to track down a dangerous criminal. (R)

12.55am SuperCasino

Live interactive gambling gubbins.

4.05 Wildlife SOS (R) 4.30 Wildlife SOS (R) 4.55 Rough Guide to Cities (R) 5.10 Neighbours (R) 5.35- 6.00am Home and Away (R)

British Menu (R) 4.30-6.00am BBC News

BBC1 SCOTLAND: 8.00pm River City BBC1 NORTHERN IRELAND: 10.35pm Spotlight 11.05 Children's Emergency 11.35 The Graham Norton Show 12.20am James Dean BBC2 SCOTLAND:

Scotland, Weather BBC2 WALES: 7.00pm Secret Wales 7.30pm Wild Welsh Zoo STV: 8.00pm Who Wants to Be a Millionaire? 10.35 FILM The Calcium Kid: Spoof documentary starring Orlando Bloom. 7.00pm Thuige Seo 7.30 Fas Slan 11.00 Newsnight 12.10am Roulette Nation 1.00 The Jeremy Kyle

Show 2.00-5.30am The Nightshift **ULSTER: 10.30pm** UTV Live Tonight 11.10 Living with Lily 11.40 Brain Box

TODAY'S SPORT

6.00am Good Morning Sports Fans 9.00 Louis Vuitton Series Sailing 9.30 Boots 'n' All

10.30 LIVE Cricket: The last day of the second Test between Bangladesh and England at Old Trafford. (HD)

6.00pm Football Asia

6.30 Boots 'n' All: Review of the week's action from Super League XV. 7.30 Football Asia

8.00 Cricket: The last day of the final Test between England and Bangladesh. (HD) 10.00 Football Asia

10.30 Rugby Union (HD)

11.00 Cricket (HD)

1.00am Soccer AM: The Best Bits: Some of the highlights from the past season.

2.00 Rugby Union (HD)

2.30 Cricket (HD)

4.30 Soccer AM: The Best Bits

5.30-6.00am Football Asia

sky SPORTS 1 sky SPORTS 2

6.00am Aerobics 6.30 Ocean Ride

7.00 Cricket (HD)

9.00 Golf (HD)

10.00 PGA Tour Golf (HD) 11.00 Wonderful World of Golf

12.30pm PGA Tour Classic

1.30 Fishing Gurus

2.00 Show Jumping 3.00 Boots 'n' All

4.00 Speedway (HD)

6.00 Golf 7.00 Powerboating

7.30 LIVE Greyhound Racing: All the action from this evening's Gymcrack meeting at Hall Green in Birmingham, a race specifically for puppies. Aaaaah!

10.00 Poker 11.30 Football Asia

12.00m't Bowls

2.00-3.00 Sports Unlimited

FILM4 (315)

7.05pm Volcano: Disaster movie starring Tommy Lee Jones and Anne Heche. 9.00 Hot Rod: Comedy starring Andy Samberg. 10.45 Lucky Number Slevin: Darkly comic thriller starring Josh Hartnett. 12.50 The Good Thief: Crime caper thriller starring Nick Nolte. 3.00-3.10am Another Year: Cannes 2010 Special

COMEDY CENTRAL (126)

7.00pm The King of Queens 8.00 Scrubs 9.00 Two and a Half Men 10.00 Scrubs 11.00 30 Rock 12.00m't Sex and the City 1.10am Two and a Half Men 2.10 The



League Football: Everton vs Man City. 10.00 30 for 30 11.30 AFL Review Show 12.30am Press Pass 2010 1.00 UFC All Access 1.30-5.00am WE NBA Basketball Office: An American Workplace 3.10 South Park 4.10 Shortcuts Shuffle 4.20 The King of Queens 5.10-6.00am Frasier

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

BBC3 (115)

7.00pm Top Gear 8.00 Blood, Sweat and Me 9.00 Who Is Nelson Mandela? 10.00 EastEnders 10.30 Pulse: One-off medical horror starring Claire Foy. 11.25 Family Guy: Peter launches his own TV channel. 12.10am Wags, Kids and World Cup Dreams 1.10 Who Is Nelson Mandela? 2.10 Blood, Sweat and Me 3.05 Snog, Marry, Avoid? 4.05-5.00am Pulse

7.00pm Hollyoaks 7.30 My Name Is Earl **7.55** Friends **9.00** Smallville **10.00 FILM** The Omen: Occult horror thriller remake starring Liev Schreiber and Julia Stiles. 12.10am My Name Is Earl 12.40 Scrubs 1.35 Reaper 2.20 Joan of Arcadia 3.50 Everwood 4.30-6.00am Switched

DAVE (111)

7.00pm Himalaya with Michael Palin 8.00 Top Gear 9.00 QI 9.40 Mock the Week 10.20 Would I Lie to You?: With Davina McCall, Dave Gorman, Janet Street-Porter and Omid Djalili. 11.00 Have I Got News for You 11.40 QI: With Jeremy Clarkson. 12.20am Mock the Week 1.00 Game On: Mandy pretends she's a virgin. 1.40 Louis Theroux: Law and Disorder in Johannesburg 2.45-3.00am SPORT Radical Highs: Featuring base jumping.

MTV ONE (350)

7.00pm MTV Movie Awards 2010 9.00 The Hills 9.30 The City 10.00 Blue Mountain State 11.00 South Park: Wendy gets into trouble after threatening to beat up Cartman. 12.00m't Jersey Shore 1.00am Nitro Circus 2.00 20 Greatest Celeb Reality Fights 3.00 Ride with Funkmaster Flex 4.00 Pimp My Ride 5.00-6.00am Brooke Knows Best



* JUNE TUESDAY

FULL 7 DAY TV **GUIDE!**

6.00am The Biggest Loser US (R) 7.00 Brainiac: Science Abuse (R) 8.00 Oops TV (R) 9.00 Bones (R)(HD) 10.00 Medical Emergency (R) 10.30 Medical Emergency (R) 11.00 Pineapple Dance Studios (R) (HD) 12.00noon Angela and Friends (HD) 1.00pm Bones (R)(HD) 2.00 Project Catwalk (R)(HD) 3.00 Stargate SG-1 (R) 4.00 Stargate SG-1 (R) 5.00 Malcolm in the Middle (R)(HD) 5.30 Futurama (R) 6.00 Oops TV (R) 6.30 The Simpsons (R)

7.00 The Simpsons

Lisa disguises herself as a nun. Hey, we've all been there. (R)(HD)

7.30 The Simpsons

Homer proposes to Marge for the second time when he discovers their marriage licence is invalid. Romantic! (R)(HD)

8.00 Stargate Universe

Young discovers the Destiny is in danger of being boarded by the Alliance. (HD)

9.00 UK Border Force

Staff at a steakhouse in London's West End are interrogated. Or should that be "grilled"? Yeah, we said it. (R)(HD)

10.00 Fringe

Walter and Olivia enter the parallel universe. Sensible? (HD)

11.00 Ross Kemp Middle East: Gaza

The actor examines the Israeli-Palestinian conflict. Thankfully, they love Eastenders in Gaza, so nobody shoots him. (R)(HD)

12.00m't Stargate Universe

1.00am Road Wars 1.50 Oops TV 2.40 24 3.30 Tru Calling 4.20 Celebrity Parents' SOS 4.45 Hello Goodbye 5.10-6.00am Sell Me the Answer

VIRGIN 1 (121)

7.00pm Star Trek: Voyager 8.00 Nothing to Declare 9.00 The Naked Office 10.00 Brit Cops: Frontline Crime UK 11.00 Sexarama 11.30 Eurotrash: The Sexy Bits 12.00m't Roulette Nation 3.00am Hellraisers' Handbook 4.00-5.00am Take It or Leave It

SYFY (129)

7.00pm Smallville 8.00 Painkiller Jane 10.00 V (2010) 11.00 FLM Lightning Strikes: Horror thriller starring Kevin Sorbo and David Schofield. 1.00am FLM Thirst: Thriller starring Adam Arkin. 3.00 Flash Gordon 4.00-6.00am Angel

FX (164)

7.00pm NCIS 9.00 Family Guy: Lois tells Peter to bond with Stewie. 9.30 American Dad! 11.00 The Border 12.00m't NCIS 2.00am Testees 2.30 No Signal 3.00-4.00am Tour of Duty

DAY'S MUST-SEES



Avatar

Sky Box Office/HD, from 6am

In the year 2154, the RDA Corporation is trying to get hold of a hardto-obtain mineral called - wait for it - Unobtainium. But the only place it exists is on Pandora, a beautiful world populated by ten-foot-tall humanoids. Soldier Jake Sully (Sam Worthington) is chosen to infiltrate them and persuade them to leave – but he soon has a change of heart. Watching this on TV can't replicate seeing it in 3D on the big screen, but the effects are still impressive enough to make it unmissable! ★★★★



Luther BBC1, 9pm

The first series of the psychological DRAMA Ine tirst series of the provided cop John Luther framed for murder, Sadly for him, the only people he can turn to are cold, calculating killer Alice and love rival Mark. What a bummer! ★★★★



Spartacus: Blood And Sand Bravo, 10pm

DRAMA In tonight's hit of extreme violence and rudery, Spartacus enters a fight that'll get him closer to freeing his wife. Bless him. ***



Man Vs Fish Discovery, 9pm

Extreme fisherman Matt Watson isn't satisfied with hooking the odd trout, instead preferring to pit himself against the biggest and baddest sea monsters around. This week, he's having a splash with the deadly make shark. ★★★★



6.00am Breakfast 9.15 Crimewatch Roadshow 10.00 Put Your Money Where Your Mouth Is **11.00** Cowboy Trap (R) 11.45 Cash in the Attic 12.15pm Bargain Hunt (R) 1.00 BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors 2.15 Murder, She Wrote (R) 3.00 BBC News, Weather, Regional News 3.05 CBeebies 3.30 CBBC 5.15 Weakest Link 6.00 BBC News, Weather 6.30 Regional News Programmes, Weather

6.00am CBeebies 7.00 CBBC 8.30 CBeebies 11.05 The Flintstones (R) 11.30 Daily Politics 1.00pm See Hear 1.30 Working Lunch 2.00 LIVE Tennis from Queen's: The AEGON Championships at the Queen's Club in London. 5.15 Escape to the Country (R) 6.00 Eggheads 6.30 Great British Railway Journeys (R)

5.30am ITV News 6.00 GMTV 9.25 The Jeremy Kyle Show 10.30 This Morning 12.30pm Loose Women 1.30 ITV News 1.55 Regional News, Weather 2.00 60 Minute Makeover (R) 3.00 Dickinson's Real Deal 4.00 Agatha Christie's Poirot (R) 5.00 The Chase: Quiz show. 6.00 Regional News, Weather 6.30 ITV News

6.10am The Hoobs 7.00 Everybody Loves Raymond (R) 7.50 Frasier (R) 8.45 The 5 O'Clock Show with Peter Andre (R) 9.45 Deal or No Deal (R) 10.35 Will & Grace (R) 11.00 Friends (R) 12.00noon Channel 4 News Summary 12.05pm SPORT Kicking Ahead: The Power of Sport 12.10 Home Country **12.15** Jamie at Home (R) **12.45** FILM Footsteps in the Fog: Thriller. 2.25 Coach Trip (R) 2.55 Cook Yourself Thin 3.25 Countdown 4.10 Deal or No Deal 5.00 The 5 O'Clock Show with Peter Andre 6.00 The Simpsons (R) 6.30 Hollyoaks

6.00am Milkshake! 9.15 The Wright Stuff 10.45 Trisha Goddard (R) 11.45 CSI: Crime Scene Investigation (R) 12.40pm Five News 12.45 Vets in Action (R) 1.45 Neighbours 2.15 Home and Away 2.50 The Family Recipe (R) 2.55 I Own Britain's Best Home: Flying Visit (R) 3.10 FILM I Dream of Murder: Mystery starring Jolene Blalock, 5.00 Five News, Weather 5.30 Neighbours (R) 6.00 Home and Away (R) 6.25 Live from Studio Five

7.00 The One Show

Christine Bleakley is joined by Matt Okay er, sorry - Matt Allwright.

7.30 EastEnders

Characters called either Arthur, Pat. Ethel or Dot have an argument in the Vic.

8.00 Waterloo Road

Kim ends up in hospital during a trip to an art gallery. We reckon it's because she must have nearly died of boredom.

9.00 Junior Apprentice

The ten remaining contestants sell designer products. Or try to.

10.00 BBC News, Weather 10.35 The National **Lottery Draws**

The balls are set rolling.

10.45 Proof of Life

Romantic thriller starring
Russell Crowe and Meg Ryan.

1.00am Sign Zone: Country Tracks: From

East Yorkshire. (R) 1.55 DIY SOS (R) 2.25

Watchdog (R) 3.25 Great British Menu (R)

7.00 The Beauty of Maps

NEW Map reading through the ages. On that bombshell, we feel it wise to direct you to Sky1.

7.30 South Africa Walks

NEW Julia Bradbury yomps around the country.

8.00 Springwatch 2010

Simon King, Kate Humble and Chris Packham spy on more furries.

9.00 Make Me a New Face: **Hope for Africa's** Hidden Children

Ethiopian children with facial disfigurement caused by disease.

10.00 QI

With Jimmy Carr. (R)

10.30 Newsnight

11.20 An African Journey with Jonathan Dimbleby Developments in Ethiopia. (R)

12.20am South Africa Walks (R) 12.50-4.25am BBC News

7.00 Emmerdale

Chicken-clucking claptrap.

7.30 Lion Country

Three lions from the Zambian pride encounter two buffalo, then it all kicks off

8.00 Florida - Paradise Lost

Disgruntled Britons living in the Sunshine State. The poor things.

9.00 Father & Son

Michael suspects DI Conroy cannot be trusted. It finishes tomorrow.

10.00 ITV News, Weather

10.35 The Illusionist

PREMIERE Ace mystery thriller starring Edward

Norton as a magician in early 20th-century Vienna tries to stop the love of his life from marrying a ruthless prince.

12.35am The Zone

Shopping and interactive gaming.

2.40 The Jeremy Kyle Show: "I'm so angry!"(R) 3.30-5.30am ITV Nightscreen

700 News

8.00 Come Dine with Me: Wags Special

Hotties indulge in some whisk-wielding!

9.00 Big Brother: The Launch MUST-SEE It's back! Davina McCall presents as

the new housemates arrive. Always fun.

10.35 Desperate Housewives

Oh, forget this – stick E4 on and you can keep getting your *Big Brother* fix!

11.35 The Big Bang Theory Leonard is invited to visit the Large Hadron Collider in Switzerland.

12.00m't My Name Is Earl The do-gooder decides whether to

12.30am My Name Is Earl

become an informer.

Randy takes Catalina's nephew Oscar into his care and treats him like a little brother.

1.00 Music on 4: The Crush: The Pretty

5.15-6.00am Countdown (R)

Reckless perform. 1.30 Big Brother: Live

7.30 Daring Raids of World War Two

The first British paratroop mission. (R)

8.00 Tutankhamun: The Mystery Revealed

Examining the cause of the pharaoh's death. Who cares? It was ages ago!

9.00 NCIS

An Army scientist goes missing.

10.00 CSI: NY

The murder of an archaeologist exposes an artefact smuggling ring. (R)

10.55 **CSI: Crime** Scene Investigation

Brow-furrowing abounds as the team tackle the death of a poker player. (R)

11.55 Poker

SPORT Highlights of a recent tournament.

12.55am SuperCasino

Live interactive gaming.

4.05 Wildlife SOS (R) 4.30 Wildlife SOS (R) 4.55 Rough Guide To: Morocco and Nicaragua. (R) 5.10 Neighbours (R) 5.35-6.00am Home and Away (R)

4.25-6.00am BBC News

BC2 SCOTLAND: 7.00pm The Beechgrove Garden 11.00pm Newsnight Scotland BBC2 NORTHERN IRELAND: 10.00pm Spotlight STV: 8.00pm SPORT How to Win the FIFA World Cup 10.35

BBC1 SCOTLAND: 10.45pm For Queen and Country 11.15 IMM Proof of Life 1.25am Sign Zone: See Hear IMM Balls of Fury: Spoof martial arts starring Dan Fogler. 12.15am Roulette Nation 1.00 The Jeremy Kyle Show 2.00-5.30am The Nightshift ULSTER: 10.30pm UTV Live Tonight 11.10 [IIIII Intolerable

Cruelty: Romantic comedy starring George Clooney

and Catherine Zeta-Jones.12.55am FILM Connie and Carla: Comedy starring Nia Vardalos.

11.45pm FILM Proof of Life BBC1 NORTHERN IRELAND: 10.45pm This Sporting Life 11.25 Snow Patrol: Live at Ward Park 2010 12.25am BBC News BBC1 WALES: 10.45pm Hotel Stephanie

TODAY'S SPORT sky SPORTS 1

6.00am Good Morning Sports Fans

9.00 Football Asia 9.30 Cricket (HD)

11.30 Golf

1.00pm Cricket (HD)

3.00 Golf: The PGA EuroPro Tour From

Burhill Golf Club in Surrey.

5.00 Golf: Action from the Principal Charity Classic from the Glen Oaks Country Club in West Des Moines, Iowa.

6.00 Boots 'n' All

7.00 LIVE Cricket: The Twenty20 Cup match between Derbyshire Falcons and Warwickshire Bears. (HD)

10.30 Boots 'n' All

11.30 FIFA Futbol Mundial

12.00m't Football Asia 12.30am Cricket (HD)

2.30 Soccer AM: The Best Bits

3.30 FIFA Futbol Mundial 4.00-6.00am Cricket (HD)

sky SPORTS 2

6.00am Aerobics 6.30 Ocean Ride 7.00 Golf **9.00** Ocean Ride **9.30** Pool **10.30** Poker 12.00noon Ocean Ride

12.30pm Football Asia

1.00 Golf

2.00 Golf 3.00 Poker

4.30 Football Asia

5.00 FIFA Futbol Mundial

5.30 Total Rugby 6.00 WE Rugby Union: The Junior World Championship match between England

and Ireland, kick-off 6pm. 8.00 WE Rugby Union: More juniors with Argentina vs France, kick-off 8pm.

10.00 WE Rugby Union: The Churchill cup match between England Saxons and Russia, kick-off 10pm.

12.30am WE Rugby Union: France A vs Uruguay, kick-off 12.30am. 3.00 Rugby 3.30-4.30am Boots 'n' All

6.40pm CutThroat Island: Swashbuckling adventure. 9.00 Office Space: Satirical comedy starring Ron Livingston. 10.45 Showgirls: Drama starring Elizabeth Berkley. 1.20 She's the One: Comedy with Jennifer Aniston. 3.10-3.20am

Another Year: Cannes 2010 Special

COMEDY CENTRAL (126)

FILM4 (315)

7.00pm The King of Queens 8.00 Scrubs **9.00** Two and a Half Men **10.00** The Office: An American Workplace 11.00 Omid Djalili - One Night Stand 11.35 Sex and the City 12.45am Two and a Half



6.00pm England vs France: 1982 World Cup 8.00 Football

10.00 UFC11.00 DTM 12.00m't VW Scirocco Cup **1.00am** Press Pass 2010 1.30 UFC 2.30 DTM 3.30 VW Scirocco Cup **4.30-5.00am** Press Pass 2010

Men 1.45 The Office: An American Workplace 2.45 Scrubs 3.45 South Park 4.10 Shortcuts Shuffle 4.20 The King of Queens 5.10-6.00am Frasier

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

BBC3 (115)

7.00pm The World's Strictest Parents 8.00 SPORT World Cup's Most Shocking Moments: Controversial incidents 10.00 EastEnders 10.30 Family Guy: Brian gets a job at the New Yorker. 11.15 American Dad!: Stan and Roger exchange lives. 12.00m't Junior Apprentice: More incompetence. 1.00am Waterloo Road 2.00 Bizarre ER 2.30 SPORT World Cup's Most Shocking Moments 4.30-5.30am Who Is Nelson Mandela?

F4 (136)

7.00pm Hollyoaks 7.30 My Name Is Earl 7.55 Friends 9.00 Derren Brown: Evening of Wonders 10.35 Big Brother's Big Mouth 11.40-6.00am Big Brother: Live

DAVE (111)

6.40pm Speed 7.20 Jeremy Clarkson Meets the Neighbours: The presenter explores Italy. 8.00 Top Gear: Jeremy Clarkson drives a powerful Swedish supercar. 9.00 Have I Got News for You 9.40 Black Books: Manny and Fran decide to go out. 10.15 Mock the Week 10.55 Little Britain Down Under 12.15am Black Books 12.50 Mock the Week 1.30 Game On 2.10 Rob Brydon's Annually Retentive 2.45-3.00am SPORT Radical Highs

MTV ONE (350)

7.00pm Gossip Girl 8.00 The City: Double-bill. 9.00 MUST-SEE MTV Movie Awards: Coverage of the awards show held in Los Angeles. 11.00 South Park 11.30 Jackass: Where Are They Now? 12.00m't Jersey Shore 1.00am Nitro Circus 2.00 Blue Mountain State 3.00 Ride with Funkmaster Flex 4.00 Pimp My Ride 5.00-6.00am Brooke Knows Best

90 Nuts

9 JUNE WEDNESDAY

6.00am The Biggest Loser US (R) 7.00 Brainiac: Science Abuse (R) 8.00 Oops TV (R) 9.00 Bones (R)(HD) 10.00 Medical Emergency (R) 10.30 Medical Emergency (R) 11.00 Pineapple Dance Studios (R) (HD) 12.00noon Angela and Friends (HD) 1.00pm Bones (R)(HD) 2.00 Project Catwalk (R)(HD) **3.00** Stargate SG-1 (R) (HD) 4.00 Stargate SG-1 (R)(HD) 5.00 Malcolm in the Middle (R)(HD) 5.30 Futurama: Fry meets an old girlfriend. (R) 6.00 Oops TV (R) 6.30 The Simpsons (R)

7.00 The Simpsons

Marge and Lisa debate if a woman can be strong and beautiful. Er, yes? (R)(HD)

7.30 The Simpsons

Bart and Lisa go to a new school. (R)(HD)

8.00 Fat Families: **Second Helpings**

NEW Steve Miller sees how former salad dodgers are getting on with their new diets. (HD)

9.00 Battlestar Galactica: The Plan

Sci-fi adventure spin-off from the popular TV series. (R)(HD)

11.20 Ross Kemp Middle East: Israel

The actor visits Israel to examine the Palestinian conflict. (R)(HD)

12.20am Oops TV

Selection of video out-takes, (R)

12.50 Road Wars

A dog handler and his German Shepherd are called to back up officers. (R)(HD)

1.50 Road Wars (R)(HD) **2.40** 24 (R)(HD) 3.30 Tru Calling (R) 4.20 Celebrity Parents' SOS (R) 4.45 Oops TV (R) 5.10-6.00am Sell Me the Answer (R)(HD)

VIRGIN 1 (121)

7.00pm Star Trek: Voyager 8.00 Trauma 9.00 Criminal Minds 11.00 Sexarama 11.30 Eurotrash: The Sexy Bits 12.00m't Roulette Nation: Gambling action. 3.00am Hellraisers' Handbook 4.00-5.00am Take It or Leave It

SYFY (129)

7.00pm Smallville 8.00 Knight Rider TSEE V 10.00 Human Target 11.00 Painkiller Jane 1.00am FILM 30,000 Leagues Under the Sea: Underwater thriller starring Lorenzo Lamas and Sean Lawlor. 3.00 Flash Gordon 4.00-6.00am Angel

FX (164)

7.00pm NCIS 9.00 Family Guy: Peter starts a society for fat men. 9.30 American Dad! 10.00 Dexter 12.15am NCIS 2.15 Eastbound and Down 2.50 Cheers 3.20-4.20am Tour of Duty

TODAY'S MUST-SEES



Big Brother: The Launch

Channel 4, 9pm

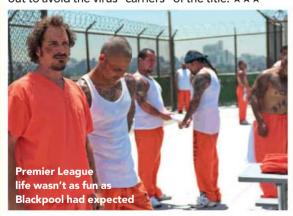
REALITY For the 11th and final time.

Davina McCall invites a group of unknowns (hot female ones, we hope) into the most notorious house in Britain for a summer of fun and frivolity, fights and friction - and all with a load of cameras pointing at them! It promises to be brilliant, as ever, but this being the final series, expect more than the usual twists along the way, beginning right from the start tonight. Cool! ★★★★



Carriers Sky Box Office/HD, from 6.30am

The storyline – deadly virus turns entire population into crazed, homicidal undead - has been done to death, but this is still fairly decent horror fare, as Chris Pine and chums go all out to avoid the virus "carriers" of the title. ★★★



Sons Of Anarchy Bravo, 10pm With most of the biker gang locked

up, Jax Teller's boys have to deal with white supremacists and California gangsters, but help is at hand - or it could be - as the police make an offer to get them out. For a price. $\star\star\star\star$



V Syfy, 9pm

The rebels discover that Anna has down in the sci-fi remake that is slowly coming to the boil, mainly because those pesky, human-eating aliens are just so darned unlikeable! ★★★



6.00am Breakfast 9.15 Crimewatch Roadshow 10.00 Put Your Money Where Your Mouth Is **11.00** Cowboy Trap (R) 11.45 Cash in the Attic 12.15pm Bargain Hunt (R) 1.00 BBC News, Weather 1.30 Regional News, Weather **1.45** Doctors 2.15 Murder, She Wrote (R) 3.00 BBC News, Weather, Regional News 3.05 CBeebies 3.30 CBBC 5.15 Weakest Link (R) 6.00 BBC News, Weather 6.30 Regional News Programmes, Weather

6.00am CBeebies 7.00 CBBC 8.30 CBeebies 11.10 The Flintstones (R) 11.35 The Flintstones (R) 12.00noon Daily Politics 12.30pm Working Lunch 1.00 LIVE Tennis from Queen's: The AEGON Championships. 5.15 Escape to the Country (R) 6.00 Eggheads 6.30 Great British Railway Journeys (R)

5.30am ITV News 6.00 GMTV 9.25 The Jeremy Kyle Show 10.30 This Morning 12.30pm Loose Women 1.30 ITV News 1.55 Regional News, Weather 2.00 60 Minute Makeover (R) 3.00 Dickinson's Real Deal 4.00 Agatha Christie's Poirot (R) 5.00 The Chase: Game show. 6.00 Regional News, Weather 6.30 ITV News

6.00am The Hoobs 6.50 NEW Big Brother's Little Brother 7.20 Big Brother: The Launch 8.50 The 5 O'Clock Show with Peter Andre 9.50 Deal or No Deal 10.35 Will & Grace 11.00 Friends 12.00noon News Summary 12.05pm SPORT Kicking Ahead: The Power of Sport 12.10 Brief Encounters of the Sporting Mind: Harness Racing 12.20 FILM Bhowani Junction 2.25 Coach Trip 2.55 Cook Yourself Thin 3.25 Countdown 4.10 Deal or No Deal 5.00 The 5 O'Clock Show with Peter Andre 6.00 The Simpsons 6.30 Hollyoaks

6.00am Milkshake! 9.15 The Wright Stuff 10.45 Trisha Goddard (R) 11.45 CSI: Crime Scene Investigation (R) 12.40pm Five News 12.45 Vets in Action (R) 1.45 Neighbours 2.15 Home and Away 2.50 I Own Britain's Best Home: Flying Visit (R) 3.05 FILM They Come Back: Thriller starring Mia Kirshner. 5.00 Five News, Weather 5.30 Neighbours (R) 6.00 Home and Away (R) 6.25 Live from Studio Five

7.00 The One Show

Live topical chit chat.

7.30 EastEnders Market-stall misery.

8.00 Watchdog

The taxman incurs the wrath of Anne Robinson. Run, taxman, run!

9.00 Junior Apprentice More entrepreneurial mishaps.

10.00 BBC News. Weather 10.35 Question Time

Smug politicians skirt around questions asked by a studio audience.

11.35 This Week More political bobbins.

12.25am Sign Zone: Panorama Man United's debt. (R)

1.55 When Romeo Met Juliet (R) 2.55

Diet or My Husband Dies (R) 3.45 Great

12.55 Countryfile

Real-life Emmerdale. (R)

7.00 The Culture Show

The relationship between science and art. Or us and the remote. Flick!

8.00 Springwatch 2010

It's the one we've all been waiting for-Chris Packham presents an update on the progress of the chicks.

9.00 Springwatch Unsprung 2010

Live discussion on critters.

9.30 World Cup **Kick Off Concert**

Alicia Keys, Black Eyed Peas and Shakira warble at Soweto's Orlando Stadium.

10.30 Newsnight

11.20 The Culture Show Oh no - this again! (R)

12.20am World Cup **Kick Off Concert**

Hmm, short of ideas tonight, BBC2?(R)

7.00 Emmerdale

Dullness in the Dales

7.30 Britain's Broken Roads: **Tonight**

Chris Choi investigates the state of the nation's roads. Mind the potholes!

8.00 Emmerdale

8.30 Coronation Street

9.00 Father & Son

Michael agrees to a deal with the police to reduce Sean's sentence.

10.00 ITV News, Weather

10.35 Sixty Six

PREMIERE A 12-year-old Jewish boy goes into despair when he discovers that the 1966 World Cup final is scheduled for the same day as his Bar Mitzvah. Nightmare!

12.20am The Zone

Shopping and interactive gaming.

7.00 News

8.00 Location. Location, Location

A couple who have been house-hunting for 10 years. They're not fussy then?

9.00 Come Dine with Me: **Footballers Special**

With Neil Ruddock, John Fashanu, Carlton Palmer and Frank Worthington.

10.00 Big Brother

Highlights of the new housemates' first 24 hours inside the compound. They'll still be falling over each other to be nice at the moment. Come back in a couple of days!

11.10 Skins

NEW Thomas feels responsible for an accident in a club.

12.15am Dirty Sexy Money

Nick gets a shock when the witness testifying against Letitia is revealed.

7.30 Fifth Gear

MUST-SEE Top motoring mag with Vicki B-H, Tiff Needell and Jonny Smith.

8.00 Britain's Greatest **Machines with Chris Barrie**

The engineering enthusiast explores the technology of the '60s, reliving the Monte Carlo Rally in a Mini Cooper. Lucky him!

9.00 Once Upon a Time in Mexico

FILM A legendary gunman seeking revenge for his wife's murder is recruited into a CIA agent's plan to stop an assassination. Antonio Banderas stars

11.05 Police Interceptors

Specially trained officers try to stop a 4x4 as it is driven dangerously through the mean streets of, er, Basildon. (R)

12.05am SuperCasino

Live interactive gaming.

British Menu (R) 4.45-6.00am BBC News BBC1 NORTHERN IRELAND: 11.35pm Hearts and

1.20-4.45am BBC News

2.20 SPORT British Touring Car Championship Highlights: Top recent action. 3.35-5.30am ITV Nightscreen 1.10 Big Brother: Live 3.30 Undercover Social Worker 4.25 Unreported World 4.50 The Kitchen Pharmacy 5.05 Countdown 5.50-6.15am The Hoobs

4.05 Wildlife SOS (R) 4.30 Wildlife SOS (R) 4.55 Rough Guide to Weekend Breaks (R) 5.10 Neighbours (R) 5.35-6.00am Home and Away (R)

Minds 12.05am This Week BBC1 WALES: 11.35pm Dragon's Eve 12.05am This Week BBC2 SCOTLAND: 11.00pm Newsnight Scotland BBC2 NORTHERN IRELAND: 7.00pm Jackie's Jaunts 7.30 Hearts and

Minds 11.20 The Blame Game 11.50 The Culture Show 12.50am World Cup Kick Off Concert 1.50-4.45am BBC News BBC2 WALES: 7.00pm Dragon's Eye 7.30 Wild Welsh Zoo STV: 10.35pm Martina Cole's Lady Killers 11.35 Politics Now 12.05am

Roulette Nation **1.00** Nightwatch with Steve Scott: Action Stations 2.00 The Nightshift ULSTER: 7.35pm The Seven Thirty Show 10.30 UTV Live Tonight 11.00 Britain's Broken Roads: Tonight 11.30 Simply Gardening 12.10am Simply Gardening SPORT RPM Motorsport 12.00m't Brain Box 3.00

Home ITV1 WALES: 7.30pm | Was There 10.35 The Sharp End 11.05 Britain's Broken Roads: Tonight 11.35 The Captain's Climb 12.00m't

TODAY'S SPORT

sky SPORTS 1

6.00am Good Morning Sports Fans 7.00 World Cup Report 7.30 Good Morning Sports Fans 8.00 World Cup Report 8.30 Good Morning Sports Fans 9.00 Rugby Union 11.00 Total Rugby 11.30 FIFA Futbol Mundial 12.00noon Boots 'n' All

- 1.00pm Total Rugby 1.30 FIFA Futbol Mundial
- 2.00 Rugby Union
- 4.00 Total Rugby
- 4.30 Boots 'n' All
- 5.30 LIVE Cricket (HD)
- 9.00 ATP Tour Uncovered
- 9.30 Premier League World 10.00 World Cup Report
- 10.30 Football's Greatest
- 11.30 Cricket (HD) 1.30am Football's Greatest 2.30 Time of Our Lives 3.30 Premier League World 4.00 Football's
- Greatest 5.00 IAAF Athletix Weekly 5.30-6.00am Premier League World

sky SPORTS 2

6.00am Aerobics 6.30 Ocean Ride

- 7.00 WWE: Experience (HD)
- 8.00 Boots 'n' All 9.00 Cricket (HD)
- 11.00 Aerobics
- 11.30 Racing News
- **12.00noon** Transworld Sport: *BMX* biking, surfing and kite-boarding.
- 1.00pm Cricket: Derbyshire Falcons vs Warwickshire Bears. (HD)
- 3.00 Watersports World: Water skiing, sailing and windsurfing.
- 4.00 Live Cricket: The first Test between West Indies and South Africa at Sabina Park in Kingston, Jamaica. (HD)
- 11.00 WWE: Late Night Raw: Wrestling action from the States. (HD)
- 1.00am WWE: NXT(HD) 2.00 NRL Fulltime
- 2.30-4.30am Rugby League

FILM4 (315)

4.50pm The Sea Wolves: World War Two adventure starring Gregory Peck. 7.10 The Man Who Knew Too Little: Comedy thriller starring Bill Murray. 9.00 Borat! Ace mockumentary starring Sacha Baron Cohen. 10.40 Wolf Creek: Australian horror thriller starring Cassandra Magrath. 12.35am Enduring Love: Thriller starring Daniel Craig. 2.25-4.00am Lights in the Dusk: Finnish comedy drama.

COMEDY CENTRAL (126)

7.00pm The King of Queens 8.00 Scrubs 9.00 Two and a Half Men 10.00



5.30pm World Cup Season **8.00** Premier League

Football 10.00 MMA Live 11.00 South Africa Nightly 11.30 The Ultimate Fighter 12.30am Press Pass 2010 1.00 UFC All Access 1.30-5.00am WE NBA Basketball FILM Spaceballs: Mel Brooks sci-fi spoof starring John Candy. 12.00m't Sex and the City 1.10am Two and a Half Men 2.10 South Park 3.10 Two and a Half Men 4.05 Shortcuts Shuffle 4.20 The King of Queens 5.10-6.00am Frasier

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

7.00pm Top Gear 8.00 Britain's Really Disgusting Food 9.00 Stanley Park 9.30 Dappers 10.00 EastEnders

11.00 Family Guy 11.45 Junior

Apprentice 12.45am Stanley Park 1.15 Dappers 1.45 Who Is Nelson Mandela? 2.45 Lee Nelson's Well Good Show 3.15 Britain's Really Disgusting Food 4.15 The Wags' Stories **4.45-5.15am** Bizarre ER

E4 (136)

7.00pm Hollyoaks 7.30 My Name Is Earl 7.55 Friends 9.00 The Big Bang Theory 9.30 How I Met Your Mother 10.00 The

Inbetweeners 10.35 Rude Tube 11.00 Glee 12.05-6.00am Big Brother: Live

DAVE (111)

7.00pm James May: My Sisters' Top Toys: A celebration of toys. 8.00 Top Gear: The presenters test out their designs for amphibious vehicles. 9.00 Men Behaving Badly 9.40 Not Going Out 11.00 Have I Got News for You 11.40 Men Behaving Badly 12.20am Bottom 1.00 Louis Theroux: Killadelphia 2.00 Game On 2.40-3.00am SPORT Radical Highs

MTV ONE (350)

7.00pm Gossip Girl 8.00 16 and Pregnant 9.00 The Hills 9.30 The City 10.00 Blue Mountain State 11.00 MTV Movie Awards 2010 1.00am Nitro Circus 2.00 Jersey Shore 2.30 Jackass: Where Are They Now? 3.00 Ride with Funkmaster Flex 4.00 Pimp My Ride 5.00-6.00am Brooke Knows Best

10 JUNE THURSDAY

FULL 7



6.00am The Biggest Loser US (R) 7.00 Brainiac: Science Abuse (R) 8.00 Oops TV (R) 9.00 Bones (R)(HD) 10.00 Medical Emergency (R) 10.30 Medical Emergency (R) 11.00 Pineapple Dance Studios (R) (HD) 12.00noon Angela and Friends (HD) 1.00pm Bones (R)(HD) 2.00 Project Catwalk (R)(HD) **3.00** Stargate SG-1 (R) (HD) 4.00 Stargate SG-1 (R)(HD) 5.00 Malcolm in the Middle (R)(HD) 5.30 Futurama (R) 6.00 Oops TV (R) 6.30 The Simpsons: Marge starts a business. (R)

7.00 The Simpsons

A parody of Transformers. Cool! (R)

7.30 The Simpsons

MUST-SEE Another top new episode! Bart plays his parents against each other. (HD)

8.00 Modern Family

Claire's plans for a family portrait do not go smoothly. (HD)

8.30 Modern Family

Mitchell and Manny enjoy an outing together. (R)(HD)

9.00 A League of Their Own

With cricketer Steve Harmison and baldy comic Dara O'Briain. (R)(HD)

9.30 A League of Their Own

With nose-buster Amir Khan and comedian Jack Whitehall. (R)(HD)

10.00 Lie to Me

MUST-SEE Cal hunts for a psychopath. (HD)

11.00 NCIS: Los Angeles

The secret transfer of a terrorist is compromised. (R)(HD)

12.00m't Oops TV (R)

1.00 Road Wars (HD) 1.50 Road Wars (HD) 2.40 24 3.30 Tru Calling 4.20 Celebrity Parents' SOS 4.45 Oops TV 5.10-6.00am Sell Me the Answer (HD)

VIRGIN 1 (121)

7.00pm Star Trek: Voyager: The crew searches for dilithium crystals. 8.00 Chuck **9.00** Warehouse 13 **10.00** Medium 11.00 Sexarama 11.30 Eurotrash: The Sexy Bits 12.00m't Roulette Nation: Gambling. 3.00am Armed and Dangerous: Ultimate Forces 4.00-5.00am Take It or Leave It

SYFY (129)

7.00pm Smallville 8.00 Legend of the Seeker 10.00 Painkiller Jane 12.00m't FLM! Universal Soldiers: Action thriller starring Kristen Quintrall and Dario Deak. 1.40am Mysterious Ways 3.00 Painkiller Jane 4.00-6.00am Angel

FX (164)

7.00pm NCIS: Double-bill. 9.00 Family Guy 10.00 American Dad! 11.00 Family Guy 12.00m't NCIS 2.00am ReGenesis 3.00-4.00am Tour of Duty

TODAY'S MUST-



ILL GOING STRONG!



The Wolfman

Sky Box Office/HD, from 6am

Benicio Del Toro goes all hairy in this big monster movie as an actor who swaps Shakespearean speeches for flesh-eating may hem after a bite from a rabid wolf. Solid, bloody fun! ★★★



Lie To Me Sky1/HD, 10pm

Series two finally resumes with lie DRAMA Series two imany resumes and detector-on-legs Dr Cal Lightman (Tim

Roth) continuing to collar all manner of crims using his infamous ability to read meaning from involuntary facial expressions. He's basically a freak then! ★★★

The Simpsons Sky1/HD, 7.30pm Worn down by

COMEDY Worn down 2, years of Bart's nonsense, Mrs Krabappel cracks after his latest nonpresentation of homework and sends his parents a stern letter. Duly summoned to a conference with Principal Skinner, the parents take conflicting views, with Marge sympathetic to her son, and Homer wanting to throttle him. Bart soon realises he can escape punishment by pitting his parents against each other - so that's what he does! A return to top form! ★★★★



Fifth Gear Five, 7.30pm

This week's highlight sees Jason Plato taking the brand-new 650bhp Noble M600 out for a spin – which is pretty cool! – while Tiff and Jonny drive an electric car from Newcastle to Portsmouth. Draw the short straw much? ★★★



Lee Nelson's Well Good Show BBC3, 10.30pm

Another geezer parody, with South London cheeky-chappie Lee Nelson (above) introducing gags, games and sketches. ★★★

uts must have

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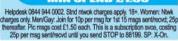


















women! The The horts HAVE FUN TONIGHT! GET

GIII,UK (34)



Anna, London (36)





text

24/7



Tash, Glasgow (18)







Val. UK (40s)

PHOTOS & HOOK UP NOW OR WHEN IT SUITS YOU

AND VIDEOS



to 68889

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with o

ASK ANY OF THE PERSONAS ON THIS PAGE FOR THEIR PHOTOS! THEY'RE ALL HOT AND THEY'VE ALL GOT 'EM



to 68889

Liz, 20s Hants/Uk



Get my hot pix AND HOT VIDEOS ...text LIZ

to 68889



to 68889

lule, Uk (40)



Hot single woman (40) wants to be contacted by guys 18-35 for fun

JULE

to 68889



Nat (19) MIDLANDS/UK



Text NAT to 68889





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LIB NORTH WEST (21)



Carly, 18 UK

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Lets have some fun Get my hot pix...text BETH38 to 68889

Rita, Wales/Uk (45)

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Janie, SOUTH (41)

my









ESSEX (34)





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See who replies to your postcode....

To be matched to a

woman (with HOT

hotos & maybe HOT videos

Text-

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postcode to 68889

(for example

PC NE344NB)

Text PC followed

by your postcode to

68889 and get in on the action! Hook up

via your mobile



st/Uk (43)



Kitty,18 Lancs

KAT to 68889



et my pix...



Lity, UK (40)

Wants to hear from a younger guy. Text me anytime - 24/7 guys! Get my hot pix...and VERY HOT VIDEOS! text

to 68889



UK

EASY ACTION COM

NOW - VIA

YOUR

MOBILE

Get my hot pix...a VIDEOS text

Get my hot pix HOT videos ...text

Lee, 20 Leeds

to 68889

to 68889

Ker. Kent/London



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to 68889



Get my hot pix...AND VIDEOS text AMB to 68889

Nici, LANCS 38 and HOT!



Get my hot pix...text to 68889

Kyll 20, SUSSEX



LEAH to 68889

Beverly Mids/Uk (3os)

Saucy older woman wants to hear from younger guy 18+. Easy going, Fun loving kind single woman 35 - hopes age doesnt put you off!

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REVERLY



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So very adventurous & fit

bodies wanting men of all ages for adventure. fun and thrills XXX XXX XXX XXX

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playful. Call them now at home xxx xxx

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YOUR MIND Fun thrills that'll blow your mind! If you want it live

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897



Up close and personal - lovely girls at home just eager to go live with you 1 on 1! x

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Live sexy 121 -Pure adult chat with any girl that turns you on like crazy xxx

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VERY HOT

Girls that are at home that want any guys any age to totally satisfy. Horny sexy 121 x



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Very bad women who will do all you ask anytime. Various horny partners needed urgently xxx



When you just

cannot wait and need a real fast quickie session. Call now for relief

Nuts PUB AMMO

The page that'll make you tipsy with trivia!



Simply by sniffing a patient's breath, trained dogs are able to detect lung cancer 99 per cent of the time.

In the '70s, US company Baskin-Robbins launched a ketchup-flavoured ice cream.

Twice as many VHS cassettes were sold in the UK last year as in 2008.

An average of 1.4 million people use the BBC iPlayer every day.

Following a volcanic eruption in Indonesia in 1982, a British Airways jet flew through an ash cloud. All four engines cut out and the plane plummeted 24,000ft before the engines kicked back into life.

A woman's telephone number was mistakenly broadcast on an episode of EastEnders last year, leading to 2,800 texts from curious viewers.

Man City defender Wayne Bridge is a big fan of *Star Wars* and owns a stormtrooper outfit.

The first song ever played live in space was Jingle Bells, performed on a harmonica and sleigh bells by the crew of the Gemini 6A on 16 December 1965.

kinder Eggs are the most confiscated import into the United States, because the toy inside poses a choking hazard to young children.

Arachibutyrophobia is a fear of peanut butter sticking to the roof of your mouth.

David Cameron's biggest mention in the Eton School magazine was the story of how he sprained his ankle dancing to bagpipes on a school trip to Rome.





- South Africa will host the 19th Fifa World Cup from 11 June to 11 July.
- It'll be the first World Cup to be hosted by an African nation.
- Five new stadiums have been built especially for the tournament.
- This year, the winning nation will receive around £21million in prize money.
- The opening match of the competition is South Africa vs Mexico on Friday 11 June at 3pm. It'll be screened live on ITV1.





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